

Community News and Resources

SPORT LEADERSHIP PROGRAM

GAIN COACHING SKILLS, VOLUNTEER EXPERIENCE AND SCHOOL CREDIT!

The Richmond Oval's Sport Leadership Program is for highly motivated young adults who are passionate about sport and want to build their coaching and leadership experience.

The Sport Leadership Program has two levels:

1 - VOLUNTEERING AND PRACTICAL COACHING EXPERIENCE

2 - COACHING WORKSHOPS & TRAININGS

Eligibility: Students must be 15 years of age and have completed Grade 10 or 11. Send cover letter and resume to richmond@richmond.ca. Successful candidates will be invited for an interview.

Requirements: Complete a Criminal Record Check, Attend an Oval orientation and training, Complete Safe Sport and Autism Training, Provide a minimum amount of hours (to be determined by specific program), Develop a minimum amount of lesson plans to be executed during coaching experience with mentorship from NCCP Level 1 Coach (to be determined by specific program).

Benefits: Mentorship by NCCP Coaches, Oval Sport Instructors and Camp Leaders, Practical experience coaching, leading games/sessions for children, and customer service, Allocation of volunteer/work experience hours, Reference letter, Richmond Olympic Oval membership.

NO COST TO PARTICIPATE

From Program Participant → **To Junior Leader** → **To Oval Staff**

6111 River Road, Richmond BC | 778-296-1400 | richmond.ca

Youth Civic Engagement Program 2026

Making a difference in your community starts here
A free education-to-action program

Learn about local government | Engage with City staff and community experts | Develop research and project design skills

Meet with the Mayor of Richmond and some Council members | Present at a Mock City Council meeting

For youth 15-20 years

Register today!
Phone: 604-276-4300
Online: richmond.ca/register
In person at any community facility
Contact us: YouthPlanning@richmond.ca



Community Soccer Fest

JUNE 24 | 12:00 – 8:00 PM
THOMPSON COMMUNITY PARK

Join us for a full day of soccer, culture, and community fun featuring live watch parties (Canada vs. Switzerland, Scotland vs. Brazil, Czechia vs. Mexico) on a giant screen, food trucks, entertainment, inflatables, and soccer-themed activities for all ages!

ONE COMMUNITY.
MANY CULTURES.
GAME ON.



UFV Trades & Skills Canada BC Summer Baking Camps are back — now with two age groups for even more fun in the kitchen!

Calling all young bakers ages 9-12 and 13-16! Dive into a week of hands-on learning at the Chilliwack Trades and Technology Centre, guided by our expert Red Seal baking instructor, **Shoshawna Blair**. From learning about kitchen safety and sanitation, using appliances correctly to mastering essential techniques to create delicious treats, these camps spark creativity, build real skills, and inspire pride in every participant.

Running in July, each camp blends teamwork, imagination, and the magic of creating delicious treats during an unforgettable summer experience.

To register go to: <https://www.ufv.ca/trades/courses/trades-summer-camps/>

STRIKE GROUP EQUITY, DIVERSITY, AND INCLUSION SCHOLARSHIP PROGRAM

The Strike Group Equity, Diversity and Inclusion (EDI) Scholarship Program will contribute to the creation of a critical mass of talented students that will fully represent our industry—it will provide an environment in which all can thrive academically and professionally. We believe everyone has a right to education, and we are committed to providing people in historically underrepresented groups with financial aid.

Annually Strike is offering \$2,000 EDI scholarships for students:

- Women in Energy Scholarship,
- Canadian Immigrant Scholarship,
- Indigenous Scholarship,
- LGBTQ2+ Scholarship, and
- Western Canadian Scholarship.

Annual Deadlines: Check the website link below for each scholarship's closing date.

For applications and information go to: www.strikegroup.ca/scholarships/

Garden Club

In partnership with KPU Farm

Wednesdays
10am-1pm
KPU Farm

Referrals are currently being accepted for Garden Club: a free program for youth (ages 16-24). Youth will learn foundations of farming, gardening basics, sustainability practices, green initiatives and healthy eating.

For more information or to register, contact Mia (mmascarina@richmond.ca) or Alex (kpufarm@kpu.ca).

Pacific Institute for the Mathematical Sciences

Summer School 2026

DREAMS INSTITUTE

DIVERSITY IN RESEARCH EXPERIENCES ACROSS MATHEMATICS

The DREAMS Institute, hosted by PIMS, is a three-week online program designed for senior high school students ready to experience mathematics at the university level.

Students dive into four core areas of mathematics, attend guest lectures by leading researchers, and collaborate on projects with mentorship from graduate students and faculty.

DREAMS is dedicated to expanding access to STEM and welcomes applications from students of underrepresented and minoritized communities.

Program Dates
July 13-30 | Online

May 1 | Early Bird Consideration
June 29 | General Consideration

No cost to participate in the program. Students in last two years of high school with a strong mathematics background welcome.

Apply at: www.PIMS.math.ca/events/260713_20dreams/

GUEST LECTURES BY LEADING RESEARCHERS

JAMES JONES (Phillips University Marburg) | DELIAH GATES (Harvard University)

STEFAN MENDEZ-DIEZ (Baird College) | ELANA KALASHNIKOV (University of Waterloo)

AVIATION CAREER WORKSHOP FOR WOMEN

Chinook Helicopters, Abbotsford Airport
Friday, August 7, 2026 | 8:45 AM - 4:00 PM

WHAT YOU CAN EXPECT

INSPIRED LEARNING
Learn about aviation careers and pathways from professional women in Aviation, see Chinook Helicopter simulators, The Conair Aerial Firefighting bucket and test your Aircraft Maintenance skills with Cascade Aerospace!

AVIATION EXPLORATION
This workshop is designed for women aged 18 and up who want to learn about aviation careers, or those who just love aviation and want to learn more!

FUELED BY PASSION
Led by Elevate Aviation, providing a platform for women and underrepresented groups to thrive and succeed through careers in aviation. Learn about our new mentorship platform!

EVENT SCHEDULE

TIME	OVERVIEW
8:45 AM - 9:00 AM	Event open and registration at Chinook Helicopter located at the Abbotsford Airport.
9:00 AM - 9:30 AM	Meet aviation role models, Air Traffic Controllers, performers from the Abbotsford Airshow and more! Participants will receive a complimentary meal and beverages.
10:30 PM - 11:30 PM	Lunch Break in a Chinook Helicopters Hangar
12:30 PM - 1:30 PM	Guest Tour
3:30 PM - 4:00 PM	Participants will receive a coupon for Friday Night's show (a complimentary meal at the Abbotsford International Airport)

Registration Details: \$40.00 per person includes lunch and complimentary express (up to B grade) admission to the Friday night airshow. Don't Wait! Only 40 Seats Available!

Please note that tickets will only be made for registrations until May 31, 2026. This event is intended for women aged 18 and older. Fees and schedules are subject to change.

ELEVATE AVIATION | ACE

LOOKING GLASS FOUNDATION FOR EATING DISORDERS

Reflections Scholarship

The Looking Glass Foundation Scholarship Program awards scholarships to individuals who have received or are currently receiving treatment for an eating disorder, and who are ready for academic pursuit. It is awarded in recognition of someone's strength and courage in facing their eating disorder as well as their enthusiasm and tenacity for their chosen academic path and the career they plan to follow.

A total of \$30,000 will be awarded in scholarships, including the Elise Skoglund Bursary of \$1,500. Multiple recipients will be awarded scholarships of up to \$5,000.

WHO CAN APPLY?

Permanent residents of British Columbia who are:

- Full-time students (3 or more classes) enrolled in an accredited post-secondary institution in Canada, who are commencing or returning to a university or college program starting between September 2026 - January 2027
- Enrolled in their first undergraduate degree
- Currently accessing, or have previously accessed, support for an eating disorder and are far enough along in recovery to be able to meet the demands of their chosen program
- Demonstrate a strong need for financial assistance in order to achieve their academic goals
- Previous Looking Glass Scholarship winners are not eligible to re-apply

HOW TO APPLY?

Applicants are invited to complete an application form and can visit www.lookingglassbc.com/scholarships for full details.

*Please review the eligibility criteria and required documents before applying.

APPLICATION DEADLINE: July 15, 2026

Learn More: www.lookingglassbc.com/scholarships
604.314.0548 | scholarship@lookingglassbc.com

Looking Glass FOUNDATION FOR EATING DISORDERS
Looking Glass Foundation • 2006 W 10th Ave Suite 200 • Vancouver BC V6J2B3 • 604.314.0548 • www.lookingglassbc.com

Foundry Richmond's Primary Care Clinic is Open to New Patients

Foundry Richmond's Primary Care Team is now accepting new patients



Criteria to attach to Foundry PC All are required:

- Ages 12 to 23 years old
- Living in Richmond
- No attachment to any primary care provider in the community
- Requiring long term attachment for physical or mental health needs

How to Access the Foundry Primary Care Team

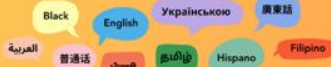
- Call Foundry Richmond at 604-674-0550
- When making an appointment, please provide:
 - Name of the referral source (if applicable)
 - The reason for the visit



NEW! Mental health resources for families

- Topics:
- Anxiety
 - Substance Use
 - Navigating Family Transitions
 - Eating Disorders
 - Grief and Loss
 - OCD
 - Self-Harm
 - Suicide Prevention

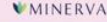
Videos and information available for the following languages and cultural groups:



Find resources at: kellymentalhealth.ca/multilanguage



Rise and Shine



Tools for Mental and Emotional Wellness

Looking to enhance your wellness toolkit?
Rise and Shine is back for the Summer!

Rise and Shine is a wellness program for girls and gender diverse youth ages 15-24. This program contains 5 workshops designed to help youth develop essential skills to nurture their mental and emotional health and walk away with valuable and practical tools for navigating their resilience and building their confidence.

Rise and Shine will take place via Zoom from 10-11:30am PST:

- Monday, July 27th: Welcome & Opening Circle
- Tuesday, July 28th: Self-Awareness
- Wednesday, July 29th: Boundary-Setting
- Thursday, July 30th: Navigating Challenging Feelings
- Friday, July 31st: Practicing Self-Compassion & Closing



Apply today!



Applications close July 23rd



Surfing Emotions Group

Ride the Wave of Strong Emotions



CBT Approach

Mondays
4pm-6pm
June 1-Aug 24
No Group Aug 3

Stress, worry, social anxiety, depression, emotion avoidance

12 sessions (3 months), 2 hours per week

Email: Ajay.Sahota@vch.ca or text: 604-250-5461 for info/to self-refer

OUT & ABOUT

AGES 12-17
Wednesdays in July
11am-3pm

Summer Outing Group!
Connect with other youth while exploring cool activities in the City of Richmond.
This program is free!

REGISTRATION REQUIRED
Text: 604-618-9914 or Email: sandra@rassrichmond.ca

July 8th: Planet Lazer July 15th: YES Society fitness
July 22nd: UU Family Farm July 29th: Clif n' Climb

AGES 18-24

OUT & ABOUT

SUMMER OUTING GROUP!
CONNECT WITH OTHER YOUTH WHILE EXPLORING COOL ACTIVITIES IN THE CITY OF RICHMOND. THIS PROGRAM IS FREE!

REGISTRATION REQUIRED

WEDNESDAYS IN AUGUST
11AM - 3PM

AUGUST 5TH LAZER TAG
AUGUST 12TH YES SOCIETY FITNESS
AUGUST 19TH UU FAMILY FARM
AUGUST 26TH EXTREME AIRPARK

Text: 604-618-9914 or email: sandra@rassrichmond.ca

EMPOWER HER

Get ready to move and be active in this supportive, small group setting for girls. Feel empowered to try something new and make lasting community connections along the way.

Upcoming Cohort
Spring 2026 (April-June)
Tuesdays from 3:30-6:30pm

Activities include:

- Kickboxing, Cycle Spin, Volleyball, Hiking, Biking, Snow Sports, Water Sports, Strength and conditioning and more!
- *activities are subject to change

Accepting Referrals
for youth ages 13-24

Empower Her is a small group referral program for girls and female-identifying youth (ages 13-24), who wish to get active and participate in physical activities and movement in a safe, supportive and inclusive space.

For information or to refer a youth, contact Mia Mascarina at mmascarina@richmond.ca or call/text 604-209-4172
Self-referrals are also welcome

HANDS-ON MINI FLORAL ART WORKSHOP: FOUR SEASONS SERIES
小型乾花藝工作坊: 四季系列

Dates 日期: June 7, June 14, June 21, and June 28 (All Sundays)
Time 時間: 10:30 AM - 11:30 AM
Venue 地點: Connections Community Services Society (CCSS) #110 - 7580 River Road, Richmond, BC V6X 1X6

Techniques & design basics introduction, live demonstration, and hands-on practice
簡介基本技巧與設計原則, 現場示範及實作練習

Targets 對象: Age 年齡 12+ (Beginner 適合初學者)
Class Size 人數: Max 最多 15人
Course Fees 課程費用: \$45 (4 sessions 節) \$60 (含材料費)
Material 材料費: 共 \$20 (collected by the instructor in class 由導師於課堂上收取)
Language: 語言: Cantonese 廣東話
Please bring your own scissors 請自備剪刀

Instructor 導師: Simona Lam
• Floristry Design Diploma, 2024
• Adult & Continuing Education
• Diploma in Fine Arts (Visual Arts) with Distinction, 2023, Kwantlen Polytechnic University
• 2024年 花藝設計文憑 (成人及持續教育)
• 2023年 視覺藝術文憑 (優異成績) Kwantlen Polytechnic University

Limited Spots! Register NOW! 名額有限, 請早報名!

Registration & Enquiries: dk@ccssociety.ca (604) 271 7600 www.ccssociety.ca/dk

LEGO® Leadership Lab: Teens Connections
樂高®青少年領袖培訓教室

Build Confidence. Shape Your Voice. Lead with Purpose.

Who am I? What is my role in a group? How do I respond under pressure?
Join us for a 4-week hands-on leadership camp using LEGO Serious Play® to:

- Develop self-awareness
- Build resilience under pressure
- Increase confidence
- Learn collaborative leadership through support

When: 7, 14, 21, 28 June 2026 (Sun) **Where:** CCSS (#110, 7580 River Road, Richmond, BC)

A. Foundations (Ages 13-15) Fee: \$220 (4 sessions) 1:30 PM - 3:00PM \$198 Pilot Cohort Special Offer!
B. Pathways (Ages 16-18) 3:30 PM - 5:00 PM
Small group experience. Only 8 participants per session.

About the Trainer:
Dave Lee - Certified LEGO® Serious Play® Facilitator
• Expert in youth leadership & corporate training
• Specializes in Lego-based activities for team building, problem solving, communication, reflection & collaboration.

Spots are limited **SIGN UP NOW!**

Registration & Enquiries: dk@ccssociety.ca (604) 271 7600 www.ccssociety.ca/dk

Online learning from K-12

Our mission is to provide blended courses that respond to the needs of Richmond students with flexibility, quality and service. As a result, RVS has one of the highest completion rates in BC!



RVS Offers:

- Academic & Elective Courses
- Programs for K-12
- Fast-Track Summer Semester 3
- Dance & Athlete Programs, AP Psychology, Entrepreneurship, Leadership, Cybersecurity, Work Experience and more!



richmondvirtualschool.ca
Call 604-668-6371 | Email rvs@sd38.bc.ca



VOLUNTEER INTERPRETERS NEEDED



The Richmond School District is seeking individuals who are fluent in English and other languages to join our Volunteer Interpreter Team.

Help strengthen communication between schools and families by providing language support during parent teacher conferences. Your involvement helps ensure every family feels welcomed and informed.

Training is provided.
All languages welcome.

To express your interest, please email your CV before January 16, 2026 to: culturalinterpreters@sd38.bc.ca

sd38.bc.ca



BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



RICHMOND
INTERNATIONAL EDUCATION
ENRICHING GLOBAL MINDS