

Community News and Resources

RICHMOND SCHOOL DISTRICT'S 14th ANNUAL

FUN SCHOLARSHIP BIKE RIDE

This relaxed, easy, 2-hour event is open to all members and supporters of the Richmond School District. All donations are tax deductible and the ride is flat and very easy, followed by a post-ride barbecue lunch, all while raising scholarship funds for graduating students at each of Richmond's 10 secondary schools. We also ride in memory of three dedicated Richmond educators and passionate cyclists. Please join us for our 14th anniversary ride on Saturday, May 23 – everyone is welcome and all donations are appreciated – be sure to register by May 1 to order a shirt in your size!

SATURDAY, MAY 23 at 10:00 AM
Meet at Burnett Secondary with your bike and helmet! Donate online – all proceeds go towards scholarships. Post-ride barbecue lunch included! All donations of \$50 and over will include a Ride T-shirt (Register by May 1 to order a shirt in your size)

Donate and Register here:
<https://forms.cloud.microsoft/r/Nlu2hy2s01>

RICHMOND SCHOOL DISTRICT

Youth Writing Contest

The Vancouver Writers Fest is thrilled to once again be organizing two writing contests for students in British Columbia: one for grades 5-7 and the other for grades 8-12. This youth writing contest for short stories and personal essays is judged by esteemed members of the Vancouver literary community. A total of four cash prizes and publication in our newsletter are awarded each year. Many winners have subsequently had their works published—either by a publisher or in major literary journals.

Please read the contest rules carefully before submitting a story.

Deadline to enter: **May 31, 2026**



LOOKING GLASS FOUNDATION FOR EATING DISORDERS

Reflections Scholarship

The Looking Glass Foundation Scholarship Program awards scholarships to individuals who have received or are currently receiving treatment for an eating disorder, and who are ready for academic pursuit. It is awarded in recognition of someone's strength and courage in facing their eating disorder as well as their enthusiasm and tenacity for their chosen academic path and the career they plan to follow.

A total of \$30,000 will be awarded in scholarships, including the Elise Skoglund Bursary of \$1,500. Multiple recipients will be awarded scholarships of up to \$5,000.

WHO CAN APPLY?
Permanent residents of British Columbia who are:

- Full-time students (3 or more classes) enrolled in an accredited post-secondary institution in Canada, who are commencing or returning to a university or college program starting between September 2025 - January 2027
- Enrolled in their first undergraduate degree
- Currently accessing, or have previously accessed, support for an eating disorder and are far enough along in recovery to be able to meet the demands of their chosen program
- Demonstrate a strong need for financial assistance in order to achieve their academic goals
- Previous Looking Glass Scholarship winners are not eligible to re-apply

HOW TO APPLY?
Applicants are invited to complete an application form and can visit www.lookingglassbc.com/scholarships for full details.

*Please review the eligibility criteria and required documents before applying.

APPLICATION DEADLINE: July 15, 2026

Learn More
www.lookingglassbc.com/scholarships
604-314-0548 | scholarship@lookingglassbc.com

Looking|Glass
FOUNDATION FOR EATING DISORDERS

Looking Glass Foundation • 2006 W 13th Ave, Suite 200, Vancouver, BC V6J2B3 • 604-314-0548 • www.lookingglassbc.com

Women in Orthopaedics (WORTH) Workshop

Want to learn more about careers in healthcare or engineering?

This workshop is open to all young women (grades 10-12), including women-identifying individuals and non-binary and gender non-conforming students.

When: **SATURDAY JUNE 6, 2026**
Time: **8:30-3:30 PM**
Where: **BC CHILDRENS HOSPITAL**

THE UNIVERSITY OF BRITISH COLUMBIA
Department of Orthopaedics
Faculty of Medicine

SUMMER LEARNING VOLUNTEER OPPORTUNITY

Are you looking to step into a leadership role? Contribute to the community? Or both? This summer volunteer program is an incredible opportunity to develop essential leadership skills by supporting younger students and teachers in the Richmond School District's Summer Learning Programs.

OPENTO: GRADES 9-12 *with teacher reference

RHS Opportunity & Service Club | Contact for Questions: mng@rsd38.bc.ca

WHY SHOULD I JOIN THIS OPPORTUNITY?

- Earn 40+ Service Hours Certificate from the School District
- Develop Leadership Skills
- Mandatory Workshop → July 2nd @RS
- Flexible Volunteer Shifts:
 - Hugh Boyd, MacNeill, Burnett, Richmond
 - High (Enrichment)
 - Tomsett, Byng (Fine Arts)
 - Brighouse (Innovation/Outdoor Exploration)

UPCOMING HACKATHON YOUR LIFE

Date: **May 30-31, 9AM-6PM**
Location: **BCIT Burnaby Campus SW1 Building**

Register Now!

- \$200+ worth of prizes
- Learn and connect with other students and professionals from Greater Vancouver

Registration Fee: **\$15.00**
Only until **May 22, 11:59PM**
Food and Snacks Provided!

Color in Practice | FUTURE ACHIEVERS LEADERSHIP FORUM | Faculté des sciences sociales Faculty of Social Sciences

BLED FUTURE ACHIEVERS LEADERSHIP FORUM 2026

A one-week leadership development program for Black & Indigenous youth ages 14-18

July 12 - 18, 2026 | University of Ottawa

Deadline to apply: **May 25 @ 11:59 PM EST**

Learn More | Apply

All expenses paid!

Pacific Institute for the Mathematical Sciences | Summer School 2026

DREAMS INSTITUTE DIVERSITY IN RESEARCH EXPERIENCES ACROSS MATHEMATICS

The DREAMS Institute, hosted by PIMS, is a **three-week online program** designed for **senior high school students** ready to experience mathematics at the university level.

Students dive into four core areas of mathematics, attend guest lectures by leading researchers, and collaborate on projects with mentorship from graduate students and faculty.

DREAMS is dedicated to expanding access to STEM and welcomes applications from students of underrepresented and minoritized communities.

Program Dates
July 13-30 | Online

May 1 / Early Bird Consideration
June 29 / General Consideration

No **cost** to participate in the program.
Students in **last two years of high school** with a **strong mathematics background** are eligible.

Apply at: www.PIMS-math.ca/events/260713 (261reword)

GUEST LECTURES BY LEADING RESEARCHERS

JAMES JONES | Philipps-Universität Marburg
DEILAH GATES | Harvard University
STEFFEN MENZIES-DIEZ | Bard College
ELANA KALASHNIKOV | University of Waterloo

AVIATION CAREER WORKSHOP FOR WOMEN

Chinook Helicopters, Abbotsford Airport
Friday, August 7, 2026 | 8:45 AM - 4:00 PM

WHAT YOU CAN EXPECT

INSPIRED LEARNING
Learn about aviation careers and pathways from professional women in Aviation, see Chinook Helicopter simulators, The Cochrane Aerial Firefighting building and test your Aircraft Maintenance skills with Cascade Aerospace!

AVIATION EXPLORATION
This workshop is designed for women aged 18 and up who want to learn about aviation careers, or those who just love aviation and want to learn more!

FUELED BY PASSION
Led by Elevate Aviation, providing a platform for women and underrepresented groups to thrive and succeed through careers in aviation. Learn about our new mentorship platform!

EVENT SCHEDULE

TIME	OVERVIEW
8:45 AM - 9:00 AM	Check-in and registration at Chinook Helicopter located at the Abbotsford Airport
9:00 AM - 11:30 AM	Meet aviation such as Pilots, Air Traffic Controllers, perform from the Abbotsford Fire and Airshow! Participants will receive a notebook with details and resources.
11:30 PM - 12:30 PM	Lunch Break in a Chinook Helicopter Hangar
12:30 PM - 3:30 PM	Guest Tours
3:30 PM - 4:00 PM	Participants will receive a coupon for Friday Night show (subject to the Abbotsford Fire and Airshow)
	Meet aviation professionals at the Abbotsford Aviation booth at the airshow for networking and community on your journey!

REGISTRATION DETAILS

\$40.00 per person includes lunch and complimentary carpass (up to 8 people) admission to the Friday night airshow. **Don't Wait Only 40 Seats Available!**

Please note that refunds will only be made for cancellations until July 15, 2026. This event is reserved for women aged 18 and older. Fees and tickets are subject to change.

ELEVATE AVIATION | **ACE**

UPCOMING HACKATHON YOUR LIFE

Date: May 30-31, 9AM-6PM
Location: BCIT Burnaby Campus SW1 Building

Register Now!



- \$200+ worth of prizes
- Learn and connect with other students and professionals from Greater Vancouver

Registration Fee: \$15.00
Only until May 22, 11:59PM
Food and Snacks Provided!

SPORT LEADERSHIP PROGRAM

GAIN COACHING SKILLS, VOLUNTEER EXPERIENCE AND SCHOOL CREDIT!

The Richmond OHS Sport Leadership Program is for highly motivated young adults who are passionate about sport and want to build their coaching and leadership experience.

1 - VOLUNTEERING AND PRACTICAL COACHING EXPERIENCE

2 - COACHING WORKSHOPS & TRAININGS

Your Sport Coach Pathway Begins Here



VRES Summer Jobs & Volunteer Programs 2026

Now Hiring + Volunteers Needed

PAID POSITIONS

- Camp Counsellor
- Web Developer
- Digital Marketing Coordinator
- Volunteer Manager
- and more!

8 or 16-week paid positions for Summer 2026 (Age 15-30)
Locations: Richmond, Vancouver

SUMMER CAMP VOLUNTEERS

- Age 12 and above
- Teamwork & communication skills
- Interested in working with youth

Earn volunteer hours and gain valuable experience!

SUMMER LOCATIONS
(Comprehensive trainings will be provided)

Summer Job Locations:

- 8171 Cook Road, Richmond, BC V6Y 3T8
- And more schools around Vancouver Region!



Scan To Become a Volunteer 

Scan To Apply to our Summer Jobs 

VRES is a federally registered not-for-profit organization. We strive to provide accessible and suitable educational resources in the vicinity of Vancouver Region and beyond.

<https://www.vancouvereducation.org/summer-jobs>
<https://www.vancouvereducation.org/volunteer>
778-919-8737

Application Form - Vancouver International Children's Festival

VCF Volunteer Policies

Thank you for stepping up to join the Children's Festival team! We welcome volunteers of all backgrounds and experiences. We are proud to work with a diverse team. Thank you for considering us.

This application will approximately take 15 minutes. Call or text us at 236-466-1480, or volunteer@childrensfestival.ca if you have questions.

Guidelines

- Volunteers need to be at least 15 years old at the time of their first shift.
- There will be orientation and training on Granville Island before the festival.
- Specialized training for roles such as Hosts, Crew Captains, and Ushers.
- All training mentioned above will count towards volunteer hours.
- Regular volunteers must do 2 shifts minimum
- Hosts must do 2-3 shifts minimum
- Crew Captains must do 4-5 shifts minimum

Benefits

- Free snacks, treats, and bingo sheets at the Volunteer Centre
- Festival Prize draws for each day of the festival, and Grand Prize draw for volunteers who work over 30 hours
- Stanley performance pass - present your badge at a venue before a show. If there's still seats, you get priority to watch for free!
- Wristband to the Activity Village for each day you volunteer. Bring a sibling or a friend!
- Festival t-shirt for volunteers who work over 20 hours, or in specific volunteer roles.
- Signed Confirmation for the hours you worked
- School Work Experience forms can be filled out if you have worked 24 hours, or as decided by your school
- Reference Letter for volunteers who work 24 or more hours

Conduct and cancellation policy

Unexplained tardiness, absences, and misconduct will be perceived negatively. Repeated actions may result in:

- Having your shift reassigned
- Losing volunteer benefits
- Further action at the VCF Volunteer Team's discretion

If you cannot make a shift which you have confirmed, call or text us at 236-466-1480, or volunteer@childrensfestival.ca. Please inform us of issues to your being able to fulfill/complete a shift.

Final Tips

- Please ensure that volunteer@childrensfestival.ca emails do not go to spam. We communicate with email and phone/text.
- Please register using an email address and phone number that you check and use regularly.
- We offer support for high school students to request time off from school. Ask us for a letter you can show your teachers!
- Our festival happens during peak tourist season - watch for construction, unstable weather, traffic, sidewalks, and more. We are not able to reimburse transportation.

Further in this application process, we will ask you for personal information. This will help us communicate with you and place you in the most appropriate positions. Your personal information and photo will not be displayed publicly, nor will it be reproduced or distributed.

CALLING ALL VOLUNTEERS!

@ Quilchena May 22, 2026
Elementary School 5:00-7:30 shifts

We are looking for Volunteers to help us at our 1st ever Spring Fair!
Please contact us @ quilchenafundraising@gmail.com for more info.

Volunteer letter provided! Small snack provided!



We're hiring!

Applications are currently being accepted for Summer Leader positions.

Summer Leaders instruct and assist program activities on a day to day basis. Scan the QR code to learn more!

Visit richmond.ca/associationcareers for the most up to date information.

Richmond Associations are partnering with Canada Summer Jobs to provide valuable youth employment experiences.




CALLING YOU TO VOLUNTEER

Join us in supporting Children, Youth, and Families to thrive and reach for their dreams

Help Needed
Charity #: 13940 7670 RR0001

- Homework Club
- Tech Class for Seniors
- Childcare Program
- Tax Clinic / CVITP
- Indigenous Program
- Event Coordination
- Office Administration
- Youth Focus Group

TOGETHER WE MAKE A BETTER WORLD

Let's Connect!



CONNECTIONS COMMUNITY SERVICES SOCIETY

604-271 7600
www.ccssociety.ca
volunteer@ccssociety.ca



Turn your ideas into action

Apply for \$500 Grant

YOUTH NEIGHBOURHOOD SMALL GRANTS

For neighbours ages 12-24 in the Metro-Vancouver Area

Contact us & learn more: neighbourhoodsmallgrants.ca @enagenetwork

With your neighbours, you can:

- Inspire Connection
- Teach Insightful Skills
- Build Community
- Share Your Story



vancouver foundation




Volunteer Opportunities

Meet New People & Remove Invasive Blackberry at King George Park, Richmond!

May 23
9:45 AM - 1:00 PM

By The Lower Mainland Green Team!

4100 Number 5 Road, Richmond, BC V6V 0A9

Register Here:




VOLUNTEER WITH US!



Roles include:

Greeters Special Events Dockside School Programs

Curious about the history of Steveston? Looking for a fun way to meet new people, gain hands-on experience, and build useful skills? Britannia Shipyards National Historic Site and the Steveston Tram are now welcoming new volunteers! Both short-term and long-term positions are available.

For more information and to apply scan the QR code below or contact: 604-238-8038 shsvolunteers@richmond.ca



Volunteer with Richmond Therapeutic Riding



RTRA is a non-profit organization that provides therapeutic riding lessons for children and youth with special needs.

Volunteers help in lessons to provide support to our riders, help them feel safe and gain a sense of achievement.

Our lesson program runs:

Mondays 9:30 - 1:00 & 2:30 - 5:30

Tuesdays 2:30 - 5:30

Wednesdays 9:30 - 1:00 & 2:30 - 5:30

Thursdays 9:30 - 1:00

If you would like a rewarding experience working with youth and horses for a few hours a week please contact us to set up an orientation and training session.

No experience required just enthusiasm and reliability! Must be 16 years or older.

Please contact our Volunteer Coordinator at volunteer@richmondtherapeuticriding.com
Or checkout our website: richmondtherapeuticriding.com

PRESENTS CAMBIE PRIDE CLUB PRESENTS

Location: H.J. Cambie Secondary (Rotunda)
Date / Time: May 20th 2026 / 3:30 - 5:30 PM

FEATURES fashion walk, variety show, photographs, and MORE!

NO FEE

Cosplay Event

PLEASE REGISTER

Foundry Richmond's Primary Care Clinic is Open to New Patients

Foundry Richmond's Primary Care Team is now accepting new patients



Criteria to attach to Foundry PC All are required:

- Ages 12 to 23 years old
- Living in Richmond
- No attachment to any primary care provider in the community
- Requiring long term attachment for physical or mental health needs

How to Access the Foundry Primary Care Team

- Call Foundry Richmond at 604-674-0550
- When making an appointment, please provide:
 - Name of the referral source (if applicable)
 - The reason for the visit



NEW! Mental health resources for families

Topics:

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:



Find resources at:

kellymentalhealth.ca/multilingual



Rise and Shine

MINERVA

Tools for Mental and Emotional Wellness

Looking to enhance your wellness toolkit? Rise and Shine is back for the Summer!

Rise and Shine is a wellness program for girls and gender diverse youth ages 15-24. This program contains 5 workshops designed to help youth develop essential skills to nurture their mental and emotional health and walk away with valuable and practical tools for navigating their resilience and building their confidence.

Rise and Shine will take place via Zoom from 10-11:30am PST:

- Monday, July 27th:** Welcome & Opening Circle
- Tuesday, July 28th:** Self-Awareness
- Wednesday, July 29th:** Boundary-Setting
- Thursday, July 30th:** Navigating Challenging Feelings
- Friday, July 31st:** Practicing Self-Compassion & Closing



Apply today!



Applications close July 23rd

風雨同路華語家長互助小組 CHINESE PARENTS SUPPORT GROUP



歡迎6-19歲青少年子女家長參加學習及交流養育子女的心得
Parents of children aged 6 to 19 are welcome to join
ZOOM 10:00A.M. - 11:30A.M.

每月第2個及第4個星期三 (2025年9月 - 2026年6月)
普通話 | 費用全免 (Mandarin | Free of Charge)



家庭及青少年輔導部: CAROL SIU | 604-335-2832 | CAROL.SIU@SUCCESS.BC.CA

	How to End a Fight and Repair the Relationship
May 27	溝通技巧的雙重解: 用孩子能懂的方式去愛——中西式親子情感對話 Communication and Parenting Strategies: Loving Your Child in a Way They Can Understand — Emotional Dialogue in Eastern and Western Cultures
June 10	溝通技巧的雙重解: 培養情緒安穩的下一代——成為孩子的「情緒教練」 Communication and Parenting Strategies: Raising Emotionally Resilient Children — Becoming Your Child's "Emotion Coach"
June 24	溝通技巧的雙重解: 激發內在動機——提升孩子的學習動力與生活責任感 Communication and Parenting Strategies: Fostering Inner Motivation — Helping Children Develop Responsibility and a Love for Learning

EMPOWER HER

Get ready to move and be active in this supportive, small group setting for girls. Feel empowered to try something new and make lasting community connections along the way.

Upcoming Cohort
Spring 2026 (April-June)
Tuesdays from 3:30-6:30pm

Activities include:

Kickboxing, Cycle Spin, Volleyball, Hiking, Biking, Snow Sports, Water Sports, Strength and conditioning and more!
*activities are subject to change

Accepting Referrals
for youth ages 13-24

Empower Her is a small group referral program for girls and female-identifying youth (ages 13-24), who wish to get active and participate in physical activities and movement in a safe, supportive and inclusive space.

For information or to refer a youth, contact
Mia Mascarina at
mmascarina@richmond.ca
or call/text 604-209-4172
Self-referrals are also welcome



Touchstone Family Association
Singular Family • Diverse Community


GROWING TOGETHER: UNDERSTANDING NEURODIVERSITY

Discovering strengths, honouring differences, and supporting every family's unique way of thinking, learning and growing

A Free 8-week Psychoeducation group for Cantonese/Mandarin Speaking Parents & Caregivers in Richmond

About This Group

- Building foundational understanding of neurodiversity (FASD, Autism, ADHD)
- Exploring brain development & communication differences
- Learning about emotional regulation & connection
- Understanding cultural influences on parenting and neurodiversity
- Strength-based parenting & self-compassion



Group Details

Date: April 10 - June 5, 2026
Time: 10:00am -12:00pm
Location: 3031-Viking Way Richmond BC (Touchstone office)
Language: Mandarin/Cantonese

Register or Contact

Fion Cheng, Clinical Counsellor
fcheng@touchfam.ca
604-207-5047

www.touchstonefamily.ca

Touchstone Family Association
Singular Family • Diverse Community

同行成長系列: 了解孩子多樣的腦袋

發掘強項、接納不同，支持每個家庭按自己節奏去思考、學習與成長

免費 • 週家長學習小組：專為經濟困難、普通話家長及照顧者而設

主題內容包括

- 建立對神經多樣性(Neurodiversity), 胎兒酒精譜系障礙 (FASD)、自閉症 (Autism)、注意力不足過動症 (ADHD) 的基礎認識
- 探索大腦發展與溝通差異
- 學習情緒調節與親子連結
- 認識文化因素對家庭及發展的影響
- 探索孩子特質的教養方式



小組詳情

日期: April 10 - June 5, 2026
時間: 10:00am -12:00pm
地點: 3031-Viking Way Richmond BC (Touchstone office)
語言: 國語/廣東話

報名及查詢

註冊心理輔導員:
鄭嘉輝 Fion Cheng
fcheng@touchfam.ca
604-207-5047

www.touchstonefamily.ca

**RICHMOND
THERAPEUTIC RIDING**



Our Program

RTRA provides therapeutic riding lessons for children and youth with disabilities in order to promote physical, social and psychological well being.

Lessons are taught by certified Therapeutic Riding Instructors. Lessons are run Monday to Thursdays. Most lessons are semi-private and 30 minutes long.

Benefits of Therapeutic Riding

Therapeutic Riding is a unique form of therapy that provides many benefits including improved muscle tone and strength, development of mobility, increased concentration and improved learning skills, independence and a sense of achievement, the development of self confidence and self esteem.

Contact us for more info!
604-241-7837
info@richmondtherapeuticriding.com
www.richmondtherapeuticriding.com

**RVS RICHMOND
VIRTUAL SCHOOL**

Online learning from K-12

Our mission is to provide blended courses that respond to the needs of Richmond students with flexibility, quality and service. As a result, RVS has one of the highest completion rates in BCI



RVS Offers:

- Academic & Elective Courses
- Programs for K-12
- Fast-Track Summer Semester 3
- Dance & Athlete Programs, AP Psychology, Entrepreneurship, Leadership, Cybersecurity, Work Experience and more!



richmondvirtualschool.ca
Call 604-668-6371 | Email rvs@sd38.bc.ca

**RICHMOND
SCHOOL DISTRICT NO.38**

VOLUNTEER INTERPRETERS NEEDED

The Richmond School District is seeking individuals who are fluent in English and other languages to join our Volunteer Interpreter Team.

Help strengthen communication between schools and families by providing language support during parent teacher conferences. Your involvement helps ensure every family feels welcomed and informed.

Training is provided.
All languages welcome.



To express your interest, please email your CV before January 16, 2026 to: culturalinterpreters@sd38.bc.ca

sd38.bc.ca

**RICHMOND
SCHOOL DISTRICT NO.38**

BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca 604-668-6217



**RICHMOND
INTERNATIONAL EDUCATION**
ENRICHING GLOBAL MINDS