

Community News and Resources



RICHMOND SCHOOL DISTRICT 38 PRESENTS

Jazz Night

featuring Secondary School Jazz Bands from across the Richmond School District

Thursday, March 5, 2026

6:00 pm
McMath Secondary School

RICHMOND
SCHOOL DISTRICT NO. 38
sd38.bc.ca

Grade 11 and Grade 12 Students

UNIVERSITY OF CALGARY

COME SAY HI!

A member of the Student Recruitment Team will be visiting your school. Learn about university life, programs, admission requirements, awards and more.

Where: Thursday April 23rd
Where: Burnett Library Lab

start something.

LEARN MORE

University of Calgary Future Students/IntakePrograms

We need your help!!!

moveit

Join us at **Explore CapU**

Take the next step toward your future

Info Night
North Vancouver Campus
Thursday, February 26, 2026
10:30 a.m. – 2:30 p.m.
Open House
Squamish Campus
Saturday, February 25, 2026
10:30 a.m. – 2:30 p.m.

Capilano University logo

QR code: sd38.ca/explore

SOROPTIMIST
International of Vancouver
Best for Women®

Soroptimist International of Vancouver since 1926

Violet Richardson Award

The award that recognizes your volunteer action

(The Violet Richardson Award recognizes young women between ages 14 and 18 who make the community and world a better place through volunteer efforts)



Eligibility Requirements:

1. Girls who are currently between the ages of 14 and 18,
2. resides or volunteers in Vancouver or Richmond,
3. have demonstrated initiative in both identifying a problem and trying to solve it, and
4. have had significant and noteworthy accomplishments as volunteers

How to Apply:

Apply online at www.SoroptimistVancouver.org by February 28th, 2026

Questions: awards@SoroptimistVancouver.org (Committee Chair: Shelly)

Introduction to Ironworking

Local 97 will be running a high school "Introduction to Ironworking" Class in Maple Ridge. This is the first week of our 3-week bootcamp that will teach you the basics of the ironworking trade.

Week 1 will be during Spring Break and you can choose which week you would like to attend. This week can be used as school work experience hours. If there is an opportunity for work placement we will reach out to you in June to book you in for Weeks 2 & 3 of the training starting at the end of June after school is over. After successfully completing Week 3 you will receive the required tools and be placed on a job. Starting rate after finishing this class is \$25.96/hour plus benefits. After 6 months on the job the union will discuss apprenticeship opportunities. After completing your apprenticeship, you will be a Red Seal Journeyperson Ironworker with a wage of \$52.45/hour plus benefits. If you are interested in getting into the trade, please contact Cam Heavenor at cam@ironworkerslocal97.com

Week 1 – you choose the week that works for you

Option 1 - March 16th to 20th, 2026

Option 2 - March 23rd to 27th, 2026

Tentatively, Weeks 2 & 3 will take place from June 29th to July 10th, 2026

No cost to attend the class

Maximum 12 people will be accepted into each bootcamp

Class will run Monday to Friday 8am to 4pm

Call the Trade Improvement Office 604 874-6010 or

Email: cam@ironworkerslocal97.com



KPU Discovery Days

Ever wondered what it's like to be a university student for a day?
Now's your chance to find out!

Join us at KPU Discovery Day for a fun-filled experience with interactive activities to help you explore the educational path that's right for you.

► MOCK CLASSES: Participate in workshops and lectures with KPU instructors.

► CAMPUS TOURS: Get to know our beautiful campus and university life.

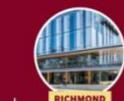
► NETWORKING: Connect with peers, students, faculty, and advisors.

► FREE FOOD: Enjoy complimentary pizza and refreshments.

► PRIZES: Receive a free t-shirt, a chance to win AirPods, and more!



Spend your Pro-D Day with us! We hope to see you there! ❤



FREE to attend!

► RSVP: [KPU Discovery Days](http://kpu.ca/discovery-days)

604.599.2020

study@kpu.ca

kpu.ca/discovery-days

KPU
KAMKTPLACE UNIVERSITY

BOSA
CONSTRUCTION
LEGACY
SCHOLARSHIP
2026

Fully Funded BCIT
Carpentry Apprenticeship

Official application window opens: March 2026

**BUILDING THE FUTURE:
CARPENTRY APPRENTICESHIP**

Bosa Construction is searching for 4 passionate high school graduates looking to pursue their Carpentry Apprenticeship through BCIT.

Bosa Construction specializes in large-scale residential and commercial projects, from high-rises to community developments. Apprentices gain hands-on experience in carpentry, formwork, and other key construction tasks while learning directly from experienced professionals.

SCHOLARSHIP HIGHLIGHTS:

- Assured Employment at Bosa Construction Our apprentices become valuable team members, a commitment that extends beyond the program.
- Continuous Full-Spectrum Support From day one, our dedicated team is here to assist you throughout your educational and professional journey.
- Expert Industry Mentors Learn from the best in the business as they guide your development.
- Smooth Program Progression Partnered with BCIT, we ensure timely advancement through apprenticeship levels.

Become a Red Seal Certified Carpenter!

www.bosacconstruction.com/careers

Questions? mailto:bosaconstruction.com | mailto:email@bosacconstruction.com | (604) 202 1324

ENTRANCE AWARDS FOR INCOMING STUDENTS

More than \$700,000 of awards are available for incoming students. Get rewarded for your hard work.

Application deadline **April 15**.

* There is an additional October 1 deadline for some awards for programs that start between January 1 to April 30.



Learn more at bcit.ca/financial-aid



RICHMOND VIRTUAL SCHOOL

Online learning from K-12

Our mission is to provide blended courses that respond to the needs of Richmond students with flexibility, quality and service. As a result, RVS has one of the highest completion rates in BC!



RVS Offers:

- Academic & Elective Courses
- Programs for K-12
- Fast-Track Summer Semester 3
- Dance & Athlete Programs, AP Psychology, Entrepreneurship, Work Experience and more!



richmondvirtualschool.ca

Call 604-668-6371 | Email rvs@sd38.bc.ca

RICHMOND
SCHOOL DISTRICT NO. 38

SOUTH ARM COMMUNITY CENTRE

FANEXPO VANCOUVER

TRAVEL TO THE VANCOUVER CONVENTION CENTRE TO BE PART OF THIS WORLD OF SCI-FI, ANIME AND GAMING. ENJOY AN INCLUSIVE AND FUN EXPERIENCE AT ONE OF THE BIGGEST FANDOM EVENTS IN VANCOUVER! TRANSPORTATION AND ADMISSION INCLUDED.

MONDAY FEBRUARY 16 9:45AM-4:45PM 13-17YRS \$61.00/1 SESS #00466280

REGISTER ONLINE AT WWW.RICHMOND.CA/REGISTER, BY PHONE AT 604-276-4300 (MONDAY-FRIDAY 8:30AM-5:00PM), OR IN-PERSON DURING FACILITY HOURS.

South Arm Community Centre
8880 Williams Road
604-238-8060





CREATE YOUR ACCOUNT

LEARN & EARN

LEARN & EARN YOUR WAY TO A GREAT CAREER!

ALL NEW YEAR PRIZES

START YOUR CAREER JOURNEY WITH INSPIRING MEDIA AND INTERACTIVE ACTIVITIES. EARN YOUR BADGE FOR A CHANCE TO WIN!

EDGE FACTOR



VOLUNTEER INTERPRETERS NEEDED

The Richmond School District is seeking individuals who are fluent in English and other languages to join our Volunteer Interpreter Team.

Help strengthen communication between schools and families by providing language support during parent teacher conferences. Your involvement helps ensure every family feels welcomed and informed.

Training is provided.
All languages welcome.

To express your interest, please email your CV before January 16, 2026 to: culturalinterpreters@sd38.bc.ca



CALLING YOU TO VOLUNTEER

Join us in supporting Children, Youth, and Families to thrive and reach for their dreams

Help Needed

Charity #: 13940 7670 RR0001

- Homework Club
- Tech Class for Seniors
- Childcare Program
- Tax Clinic / CVITP
- Indigenous Program
- Event Coordination
- Office Administration
- Youth Focus Group

TOGETHER WE MAKE A BETTER WORLD

Let's Connect!



604-271 7600
www.ccssociety.ca
volunteer@ccssociety.ca



Steveston HERITAGE SITES

VOLUNTEER WITH US!



Roles include:
Greeters Special Events Dockside School Programs

Curious about the history of Steveston? Looking for a fun way to meet new people, gain hands-on experience, and build useful skills? Britannia Shipyards National Historic Site and the Steveston Tram are now welcoming new volunteers! Both short-term and long-term positions are available.

For more information and to apply scan the QR code below or contact: 604-238-8038 shsvolunteers@richmond.ca





Turn your ideas into action
Apply for \$500 Grant



YOUTH NEIGHBOURHOOD SMALL GRANTS

For neighbours ages 12-24 in the Metro-Vancouver Area

With your neighbours, you can:

- Inspire Connection
- Teach Insightful Skills
- Build Community
- Share Your Story




NEW! Mental health resources for families

Topics:

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:

Black English Українською 廣東話
العربية 普通话 தமிழ் Hispano Filipino
மலை மலை மலை மலை

Find resources at: keltymentalhealth.ca/multilanguage








FOUNDRY RICHMOND

Coping Skills Group

Willingness is listening very carefully to your Wise Mind, and then acting from your Wise Mind.

Weekly Group: Feb. 25 - Apr. 15



Ages 13-18

Wednesdays, 4pm-6pm 8 sessions

Learn:
Mindfulness Skills
Emotion Regulation Skills
Distress Tolerance Skills

Email: Ajay.Sahota@vch.ca or text 604-250-5461 for info to self-refer



Application Form - Vancouver International Children's Festival

VICF Volunteer Policies

Thank you for stepping up to join the Children's Festival team! We welcome volunteers of all backgrounds and experiences. We are proud to work with a diverse team. Thank you for considering us.

This application will approximately take 15 minutes. Call or text us at 236-466-1480, or volunteer@childrensfestival.ca if you have questions.

Guidelines

- Volunteers need to be at least 15 years old at the time of their first shift.
- There will be orientation and training on Granville Island before the festival.
- Specialized training for roles such as Hosts, Crew Captains, and Ushers.
 - All training mentioned above will count towards volunteer hours.
- Regular volunteers must do 2 shifts minimum.
- Volunteers must do 2-3 shifts minimum.
- Crew Captains must do 4-8 shifts minimum.

Benefits

- Free snacks, treats, and bingo sheets at the Volunteer Centre
- Several Prize draws for each day of the festival, and Grand Prize draw for volunteers who work over 30 hours
- Standby performance pass - present your badge at a venue before a show. If there's still seats, you get priority to watch for free!
- Wristband to the Artist Village for each day you volunteer. Bring a sibling or a friend!
- All training mentioned above will count towards volunteer hours.
- Regular volunteers must do 2 shifts minimum.
- Volunteers must do 2-3 shifts minimum.
- Crew Captains must do 4-8 shifts minimum.

Conduct and cancellation policy

Unexplained tardiness, absences, and misconduct will be perceived negatively. Repeated actions may result in:

- Hiring your shift reassigned
- Losing volunteer benefits
- Further action at the VICF Volunteer Team's discretion

If you cannot make a shift which you have confirmed, call or text us at 236-466-1480, or volunteer@childrensfestival.ca. Please inform us of issues to your being able to fulfill/complete a shift.

Final Tips

- Please ensure that volunteer@childrensfestival.ca emails do not go to spam. We communicate with email and phone/text.
- Volunteers are not eligible for compensation.
- We offer support for high school students to request time off from school. Ask us for a letter you can show your teachers!
- Our festival happens during peak tourist season - watch for construction, unstable weather, traffic, sinkholes, and more. We are not able to reimburse transportation.

Further in this application process, we will ask you for personal information. This will help us communicate with you and place you in the most appropriate positions. Your personal information and photo will not be displayed publicly, nor will it be reproduced or distributed.

Coping Skills Group
(Dialectical Behavioural Therapy – Informed)

Groups offered every season

In-person at Foundry Richmond

Willingness is listening very carefully to your Wise Mind, and then acting from your Wise Mind.

This group provides youth with a sampling of coping skills (DBT-informed) to help gain a better understanding of mood swings, how to better regulate emotions and how to tolerate distress. This is a psychoeducational group, meaning that with the help of the facilitator, you will learn how to apply or begin using these skills in your life. This is a skills-based group for youth who have difficulty regulating emotions. It is not a support group where you share details about your life. Completing optional weekly homework assignments increases effectiveness of skills learned. If suicidality (e.g. high-risk suicide and recent hospitalization) and frequent substance use is a primary concern, this group service may not be suitable for you. Exceptions can be made if you are working regularly with a primary clinician/counselor who is willing to collaborate with the group facilitator to ensure effectiveness of treatment.

➤ 8 Sessions (2 months), 2 hours in duration

- Once a week (not on holidays)
- Participants will get a workbook/weekly assignments for their personal growth
- Age eligibility 13-18 years old
- Location: 101-8011 Conney Rd, Richmond (Richmond Foundry)

Call/text/email to self-refer to group:
604-250-5461
Ajay.Sahota@vch.ca



Week 1: Mindfulness – Wise Mind
Week 2: Mindfulness – WHAT and HOW skills
Week 3: Emotion Regulation – Model for Describing Emotions
Week 4: Emotion Regulation – Checking the Facts
Week 5: Emotion Regulation – Opposite Action
Week 6: Emotion Regulation – Problem Solving
Week 7: Distress Tolerance – Pros/Cons, STOP
Week 8: Distracting, Self-Sooth, Improving the Moment, TIPP

FOUNDRY RICHMOND

MindShift CBT Group
Cognitive Behavioural Therapy Program delivered by Vancouver Coastal Health

Ages 13-18

Weekly Spring Group:
8 Sessions
Feb. 23-Apr. 20th
(no group Apr. 6)

Mondays from 4pm-6pm



What you'll learn:

- Learn how anxiety works and why people experience it
- Manage anxiety using the **free Mindshift CBT app**
- Strategies to help reorient thinking, take action, and make lasting positive change

Cell phone & Mindshift App required for group

Call/text to Self-Refer: 604-250-5461
For more information email: Ajay.Sahota@vch.ca

YOU'RE INVITED
TO OUR 4TH ANNUAL

VALENTINE'S DAY PARTY!!

FRIDAY FEB. 13TH
5PM - 7PM
JOIN US FOR GAMES, FOOD, DANCING

3688 Cessna Dr, Richmond, BC V7B 8A2

SCAN HERE TO RSVP!

or email us at jdeguzman@pacificautismfamily.com

AGES 15+

HOSTED BY
Pacific Autism Family Network

SPONSORED BY
RBC Royal Bank







PSYCHOLOGIST
(BC CHILDREN'S HOSPITAL)

DR. JANET MAH

How to Prevent Eating Disorders in Your Child?
如何預防孩子患上飲食失調症?





SUCCESS.

風雨同路華語家長互助小組
CHINESE PARENTS SUPPORT GROUP



歡迎6-19歲青少年子女家長參加學習及交流養育子女的心得
Parents of children aged 6 to 19 are welcome to join
ZOOM 10:00A.M. - 11:30A.M.

每月第2個及第4個星期三 (2025年9月 - 2026年6月)
普通話 | 費用全免 (Mandarin | Free of Charge)

家庭及青少年事務處: CAROL.SIU@604-335-2832 | CAROL.SIU@SUCCESS.BC.CA



FAMILY AND COMMUNITY SERVICES – GROUP PROGRAM
CHINESE PARENT SUPPORT GROUP 風雨同路家長互惠小組

2025 - 2026 GROUP ACTIVITIES SCHEDULE 活動計劃

| DATE | ACTIVITIES |
|--------------|---|
| September 10 | 孩子青少年身心發展與問題回應工作坊：在雨中奔跑的孩子—父母訊息印單 Child and Adolescent Development & Mental Health: Growing Up Between Two Cultures: What Parents Need to Know |
| September 24 | 孩子青少年身心發展與問題工作坊：跨文化認同建構 Child and Adolescent Development and Identity Formation (Part 1) |
| October 8 | 孩子青少年身心發展與問題工作坊：建立雙文化認同 Child and Adolescent Development and Identity Formation (Part 2) |
| October 22 | 探索青少年面對的問題：校園霸凌 Exploring the World of Adolescents: Cyberbullying |
| November 12 | 探索青少年面對的問題：家庭、朋友、社會問題 Exploring the World of Adolescents: Family / Social Media Addiction |
| November 26 | 孩子青少年身心發展問題：家庭 Child and Adolescent Mental Health: Depression (Major Depressive Disorder) |
| December 10 | 孩子青少年身心發展問題：社會焦慮 Child and Adolescent Mental Health: Social Anxiety Disorder |
| January 14 | 孩子青少年身心發展問題：注意力不足過動症 (ADHD) Child and Adolescent Mental Health: Attention-Deficit/Hyperactivity Disorder |
| January 28 | 孩子青少年身心發展問題：認知 Child and Adolescent Mental Health: Understanding Perfectionism |
| February 11 | 認識青少年情緒傳播：建立情緒安全的距離 Understanding Emotional Transmission and Building an Emotionally Safe Family |
| February 25 | 父母自我照顧：調整和情緒管理 (上)：認識怒火衝動 Parental Self-Care: Anger Management (Part 1) - Understanding Anger and Conflict |
| March 11 | 父母自我照顧：調整和情緒管理 (下)：學習自我調節 Parental Self-Care: Anger Management (Part 2) - Expressing and Regulating Emotions (Part 2) |
| March 25 | 父母自我照顧：建立無條件愛 Parental Self-Care: Building Unconditional Love |
| April 8 | 父母自我照顧：從「聽話」到「聽見」：家庭的界限 Parent-Child Conflict Management: From Obedience to Dialogue — Rethinking Parenting in Chinese Families |
| April 22 | 父母自我照顧：管理孩子的行為 Parent-Child Conflict Management: Navigating Child Behavior |
| May 13 | 父母自我照顧：如何培養一個有禮貌的孩子？ Parent-Child Conflict Management: |

 SUCCESS. Page 2 of 3 updated: 2025 01 16



RICHMOND THERAPEUTIC RIDING



Our Program

RTRI provides therapeutic riding lessons for children and youth with disabilities in order to promote physical, social and psychological well being.

Lessons are taught by certified Therapeutic Riding Instructors. Lessons are run Monday to Thursdays. Most lessons are semi-private and 30 minutes long.

Contact us for more info!

604-241-7837

info@richmondtherapeuticriding.com
www.richmondtherapeuticriding.com

Benefits of Therapeutic Riding

Therapeutic Riding is a unique form of therapy that provides many benefits including improved muscle tone and strength, development of mobility, increased concentration and improved learning skills, independence and a sense of achievement, the development of self confidence and self esteem.

Volunteer with Richmond Therapeutic Riding



RTRI is a non-profit organization that provides therapeutic riding lessons for children and youth with special needs.

Volunteers help in lessons to provide support to our riders, help them feel safe and gain a sense of achievement.

Our lesson program runs:

Mondays 9:30 - 1:00 & 2:30 - 5:30

Tuesdays 2:30 - 5:30

Wednesdays 9:30 - 1:00 & 2:30 - 5:30

Thursdays 9:30 - 1:00

If you would like a rewarding experience working with youth and horses for a few hours a week please contact us to set up an orientation and training session.

No experience required just enthusiasm and reliability! Must be 16 years or older.

Please contact our Volunteer Coordinator at
volunteer@richmondtherapeuticriding.com

Or checkout our website:
richmondtherapeuticriding.com



BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca 604-668-6217

