

# Family WAAG

## November 17 – November 21, 2025



# BURNETT WAAG

| Monday<br>November 17<br>(ABCD)                                                                                                                                                                                                                                                                                                      | Tuesday<br>November 18<br>(PLT-ABCD) | Wednesday<br>November 19<br>(Collab-ABCD) | Thursday<br>November 20<br>(PLT-ABCD) | Friday<br>November 21<br>(ABCD) |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------|---------------------------------------|---------------------------------|------|-------|--------|-------|-------|---------|-------|-------|-------|-------|------|---------|------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------|------|-----|------|-------|---------|-------|-------|--------|-------|-------|---------|-------|------|-------|------|------|---------|------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|------|---------|------|-------|---------|-------|-------|--------|-------|-------|---------|-------|------|-------|------|------|---------|------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------|------|-----|------|-------|---------|-------|-------|--------|-------|-------|---------|-------|------|-------|------|------|---------|------|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------|------|---------|------|-------|--------|-------|-------|---------|-------|-------|-------|-------|------|---------|------|------|
| <table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Recess</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table> | Block A                              | 8:30                                      | 9:50                                  | Block B                         | 9:55 | 11:15 | Recess | 11:15 | 11:25 | Block C | 11:30 | 12:50 | Lunch | 12:50 | 1:35 | Block D | 1:40 | 3:00 | <table><tr><td>Block A</td><td>8:30</td><td>9:38</td></tr><tr><td>PLT</td><td>9:43</td><td>10:31</td></tr><tr><td>Block B</td><td>10:36</td><td>11:44</td></tr><tr><td>Recess</td><td>11:44</td><td>11:54</td></tr><tr><td>Block C</td><td>11:59</td><td>1:07</td></tr><tr><td>Lunch</td><td>1:07</td><td>1:47</td></tr><tr><td>Block D</td><td>1:52</td><td>3:00</td></tr></table> | Block A | 8:30 | 9:38 | PLT | 9:43 | 10:31 | Block B | 10:36 | 11:44 | Recess | 11:44 | 11:54 | Block C | 11:59 | 1:07 | Lunch | 1:07 | 1:47 | Block D | 1:52 | 3:00 | <div>School Starts at 9:30AM</div> <table><tr><td>Collab</td><td>8:30</td><td>9:25</td></tr><tr><td>Block A</td><td>9:30</td><td>10:35</td></tr><tr><td>Block B</td><td>10:40</td><td>11:45</td></tr><tr><td>Recess</td><td>11:45</td><td>11:55</td></tr><tr><td>Block C</td><td>12:00</td><td>1:05</td></tr><tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr><tr><td>Block D</td><td>1:55</td><td>3:00</td></tr></table> | Collab | 8:30 | 9:25 | Block A | 9:30 | 10:35 | Block B | 10:40 | 11:45 | Recess | 11:45 | 11:55 | Block C | 12:00 | 1:05 | Lunch | 1:05 | 1:50 | Block D | 1:55 | 3:00 | <table><tr><td>Block A</td><td>8:30</td><td>9:38</td></tr><tr><td>PLT</td><td>9:43</td><td>10:31</td></tr><tr><td>Block B</td><td>10:36</td><td>11:44</td></tr><tr><td>Recess</td><td>11:44</td><td>11:54</td></tr><tr><td>Block C</td><td>11:59</td><td>1:07</td></tr><tr><td>Lunch</td><td>1:07</td><td>1:47</td></tr><tr><td>Block D</td><td>1:52</td><td>3:00</td></tr></table> | Block A | 8:30 | 9:38 | PLT | 9:43 | 10:31 | Block B | 10:36 | 11:44 | Recess | 11:44 | 11:54 | Block C | 11:59 | 1:07 | Lunch | 1:07 | 1:47 | Block D | 1:52 | 3:00 | <table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Recess</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table> | Block A | 8:30 | 9:50 | Block B | 9:55 | 11:15 | Recess | 11:15 | 11:25 | Block C | 11:30 | 12:50 | Lunch | 12:50 | 1:35 | Block D | 1:40 | 3:00 |
| Block A                                                                                                                                                                                                                                                                                                                              | 8:30                                 | 9:50                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block B                                                                                                                                                                                                                                                                                                                              | 9:55                                 | 11:15                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Recess                                                                                                                                                                                                                                                                                                                               | 11:15                                | 11:25                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block C                                                                                                                                                                                                                                                                                                                              | 11:30                                | 12:50                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Lunch                                                                                                                                                                                                                                                                                                                                | 12:50                                | 1:35                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block D                                                                                                                                                                                                                                                                                                                              | 1:40                                 | 3:00                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block A                                                                                                                                                                                                                                                                                                                              | 8:30                                 | 9:38                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| PLT                                                                                                                                                                                                                                                                                                                                  | 9:43                                 | 10:31                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block B                                                                                                                                                                                                                                                                                                                              | 10:36                                | 11:44                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Recess                                                                                                                                                                                                                                                                                                                               | 11:44                                | 11:54                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block C                                                                                                                                                                                                                                                                                                                              | 11:59                                | 1:07                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Lunch                                                                                                                                                                                                                                                                                                                                | 1:07                                 | 1:47                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block D                                                                                                                                                                                                                                                                                                                              | 1:52                                 | 3:00                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Collab                                                                                                                                                                                                                                                                                                                               | 8:30                                 | 9:25                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block A                                                                                                                                                                                                                                                                                                                              | 9:30                                 | 10:35                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block B                                                                                                                                                                                                                                                                                                                              | 10:40                                | 11:45                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Recess                                                                                                                                                                                                                                                                                                                               | 11:45                                | 11:55                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block C                                                                                                                                                                                                                                                                                                                              | 12:00                                | 1:05                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Lunch                                                                                                                                                                                                                                                                                                                                | 1:05                                 | 1:50                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block D                                                                                                                                                                                                                                                                                                                              | 1:55                                 | 3:00                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block A                                                                                                                                                                                                                                                                                                                              | 8:30                                 | 9:38                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| PLT                                                                                                                                                                                                                                                                                                                                  | 9:43                                 | 10:31                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block B                                                                                                                                                                                                                                                                                                                              | 10:36                                | 11:44                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Recess                                                                                                                                                                                                                                                                                                                               | 11:44                                | 11:54                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block C                                                                                                                                                                                                                                                                                                                              | 11:59                                | 1:07                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Lunch                                                                                                                                                                                                                                                                                                                                | 1:07                                 | 1:47                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block D                                                                                                                                                                                                                                                                                                                              | 1:52                                 | 3:00                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block A                                                                                                                                                                                                                                                                                                                              | 8:30                                 | 9:50                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block B                                                                                                                                                                                                                                                                                                                              | 9:55                                 | 11:15                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Recess                                                                                                                                                                                                                                                                                                                               | 11:15                                | 11:25                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block C                                                                                                                                                                                                                                                                                                                              | 11:30                                | 12:50                                     |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Lunch                                                                                                                                                                                                                                                                                                                                | 12:50                                | 1:35                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| Block D                                                                                                                                                                                                                                                                                                                              | 1:40                                 | 3:00                                      |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |
| <div>Midterm Learning Report Published</div> <div>SFU Presentation Library Lab @ Lunch</div>                                                                                                                                                                                                                                         |                                      |                                           |                                       |                                 |      |       |        |       |       |         |       |       |       |       |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                                                           |        |      |      |         |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                                                                     |         |      |      |     |      |       |         |       |       |        |       |       |         |       |      |       |      |      |         |      |      |                                                                                                                                                                                                                                                                                                                                      |         |      |      |         |      |       |        |       |       |         |       |       |       |       |      |         |      |      |

### SCHOOL CALENDAR

To stay up to date about what is happening at the school, you can subscribe to the calendar on the Burnett website. When on the website, go to School Calendar and scroll down to the bottom of the calendar and click on Subscribe to Our Calendar.

### ATHLETICS

For information about Burnett Athletics and Teams, please see the link on our [website here](#).

### CAREER CENTRE – Post Secondary Planning

Check out our career centre website for upcoming student presentations and important information related to post-secondary planning! [Click here!](#)

### SCHOOL COUNSELLING SERVICES

You can book an appointment with your school counsellor online! Click on the [Counselling Centre](#), and book your appointment.

### FLU/COLD SEASON

As Flu/Cold season is upon us, it is important to take care of your health. If you are feeling sick,

- Monitor your symptoms
- Stay at home as you can spread your sickness to others
- Wear a mask during your recovery.

Students who miss assessments/instruction due to illness will always have alternate opportunities to demonstrate their learning.

### GRAD PHOTO SESSIONS

Grads of 2026, book your graduation photo session NOW to get your first choice of time and date.

**Artona will have their mobile studio at Burnett from January 30 - February 6, 2026.**

Go to <https://artona.com/schools/JNBU> Click on the “Grad Session” option.

### JNB Winter Wonder Gala - November 27, 2025

JNB Music Department is hosting the Winter Wonders Gala, featuring performances from the music program, a dessert buffet, a craft fair, and a photo booth. Doors open at 6:00 PM, and the show begins at 6:30 PM. Tickets are \$10 for a single seat or \$65 for a standard table for seven guests. Purchase tickets [HERE](#).

### DATES TO REMEMBER:

|              |                                                                           |
|--------------|---------------------------------------------------------------------------|
| Nov 17       | Midterm Learning Reports Published / SFU Presentation Library Lab @ Lunch |
| Nov 19       | Collaboration Day (School Starts at 9:30 AM)                              |
| Nov 27       | Winter Music Concert Gala                                                 |
| Nov 28       | Gr. 12 Winter Formal                                                      |
| Dec 1        | Pro-D Day (School Closed to Students)                                     |
| Dec 10       | Collaboration Day (School Starts at 9:30 AM)                              |
| Dec 14-22    | Hannukah                                                                  |
| Dec 15       | Learning Progress Report Sent Home by Teacher                             |
| Dec 18       | Senior's Breakfast                                                        |
| Dec 19       | Breaker Winter Festival / Last Day Before Winter Break                    |
| Jan 5        | First Day Back to School                                                  |
| Jan 7        | Collaboration Day (School Starts at 9:30 AM)                              |
| Jan 8        | PAC Meeting @ 7 pm                                                        |
| Jan 13       | Conference Day / Graduation Numeracy 10 Assessment                        |
| Jan 19       | Semester 2 Course Change Requests Due @ 8am                               |
| Jan 22       | Feeder School Concert                                                     |
| Jan 23       | Last Day of Semester 1                                                    |
| Jan 26       | Pro-D Day (School Closed)                                                 |
| Jan 27       | Learning Completion Day (Non-instructional Day)                           |
| Jan 27       | Graduation Language 12 Assessment                                         |
| Jan 28       | Semesters 2 Starts                                                        |
| Jan 30-Feb 6 | Artona Grad Photos                                                        |

### PAC

Families can contact Burnett's Parent Advisory Council at [jnbpac.general@gmail.com](mailto:jnbpac.general@gmail.com) PAC Meeting dates listed on the School Calendar. Volunteering and Fundraising Opportunities:  
PAC Committee Member: <https://forms.gle/MG8yWNhc1Tf8kKdY7>  
PAC Gift Card Fundraiser: <https://forms.gle/jS6vxAHpYU7PuJjV7>

### WELCOME: Mr. Boucher

We are very happy that **Mr. D. Boucher** has joined our Math Department. He will be filling in for Ms. Yen who is on leave. We thank Ms. Hu who filled in as a TTOC.



# BURNETT WAG

## SAFETY AND TRAFFIC GUIDELINES

We encourage students to walk or bike to school – there are significant health benefits to doing. Walking would also help to ensure the safety of our students and reduce traffic congestion during busy times. If families insist on driving, we kindly ask everyone to follow these important guidelines:

- **Right Turn Only:** During peak hours (8:15–8:45 AM and 2:45–3:15 PM), please remember that only right turns are allowed when exiting the school at both the south and west exits onto Granville.
- **No Roadside Drop-offs:** For the safety of all, please avoid dropping off children at the side of the road or on the median on Granville and McCallan.
- **Pick Up in the Parking Lot:** Please pick up your children in the parking lot instead of the drop-off lane to keep the flow of traffic moving.
- **Avoid Double Parking**
- **Encourage Walking or Biking:** If possible, encourage your children to walk or bike to school. It's a great way to promote independence and stay active. Cyclists take great care and caution and learn the rules of the road!
- **Drop Off a Few Blocks Away:** Consider dropping your children off a short distance from the school to help ease parking lot congestion.
- **Leave a Few Minutes Early:** Giving yourself a little extra time can help you avoid the rush and make the drop-off process smoother.

We appreciate your support in helping us create a safe and efficient environment for all our students and families. Thank you for your cooperation!

## BELL SCHEDULE

| MONDAY + WEDNESDAY + FRIDAY |               |
|-----------------------------|---------------|
| CLASS                       | TIME          |
| WELCOME BELL                | 8:25am        |
| BLOCK A                     | 8:30 – 9:50   |
| BLOCK B                     | 9:55 – 11:15  |
| BREAK                       | 11:15 – 11:25 |
| BLOCK C                     | 11:30 – 12:50 |
| LUNCH                       | 12:50 – 1:35  |
| BLOCK D                     | 1:40 – 3:00   |

| TUESDAY + THURSDAY |               |
|--------------------|---------------|
| CLASS              | TIME          |
| BLOCK A            | 8:30 – 9:38   |
| PLT                | 9:43 – 10:31  |
| BLOCK B            | 10:36 – 11:44 |
| BREAK              | 11:44 – 11:54 |
| BLOCK C            | 11:59 – 1:07  |
| LUNCH              | 1:07 – 1:47   |
| BLOCK D            | 1:52 – 3:00   |

| COLLABORATION DAY |               |
|-------------------|---------------|
| CLASS             | TIME          |
| COLLAB TIME       | 8:30 – 9:25   |
| BLOCK A           | 9:30 – 10:35  |
| BLOCK B           | 10:40 – 11:45 |
| BREAK             | 11:45 – 11:55 |
| BLOCK C           | 12:00 – 1:05  |
| LUNCH             | 1:05 – 1:50   |
| BLOCK D           | 1:55 – 3:00   |

| CONFERENCE DAY    |               |
|-------------------|---------------|
| CLASS             | TIME          |
| HOMEROOM          | 8:30 – 9:00   |
| SESSION 1         | 9:10 – 10:10  |
| BREAK             | 10:10 – 10:20 |
| SESSION 2         | 10:25 – 11:25 |
| LUNCH             | 11:25 – 12:10 |
| SESSION 3         | 12:15 – 1:15  |
| SESSION 4         | 1:25 – 2:25   |
| HOMEROOM/PLT      | 2:30 – 3:00   |
| GLA/GNA SESSION 1 | 8:15 – 11:15  |
| GLA/GNA SESSION 2 | 12:00 – 3:00  |

Tickets are at this web address or the QR below  
<https://richmondsd38.schoolcashonline.com/Fee/Details/88003/125/False/True>

The JN Burnett Fine Arts Dept. presents...

winter market  
photo booth  
silent auction  
including

winter wonders

donate and refreshments  
Special guest band: Palmer Secondary School

**GALA**

Band students will get their family's tickets in class.

General ticket pick up in Nov 20 3-6 at the band room or Nov 27 from 5:30 - 6:15 at the door.

one table (7) \$65  
\$100 premium table

\$10 general admission  
2 and under \$0

NOV 27th 6-9 pm large gym

scan me to buy tickets

## PLT – PERSONAL LEARNING TIME

Just a brief reminder of the changes to Personal Learning Time (formerly BLT-Burnett Learning Time):

### Structure

- PLT is on Tuesdays and Thursdays and will be scheduled between first and second period starting September 9.
- Each PLT block will be 48 minutes in duration.
- All students will be required to attend each PLT session

### Increased Opportunities for Student Support

PLT will increase support for all students and empower students to:

- Choose what area of learning they want to focus on
- Choose who they need to connect with for support (Teachers may request that you sign-up for a specific PLT)
- Learn how to self-manage their time and develop skills to be more independent learners

### Strategies for Success – Some PLT Ideas

- Review class notes, textbook, homework and learning activities
- Make cue cards/flashcards or prepare other study tactics
- Review a quiz/test with a friend or work on group class projects
- Stay organized: record important assignment dates in agenda/clean-up binder
- Read/Journal
- Ask questions of, converse and consult with teachers
- Skills you will develop: questioning, communication, goal setting, organization, time management, self-regulation and awareness
- PLAN/SET PRIORITIES – What is due first? What is most difficult? What will take the most time?
- ORGANIZE – If tasks are completed, what else can be done to improve my learning - study, read, practice....What materials/resources do I need to bring with me to PLT?

Information and Reminders were shared with students during Homeroom this week; please see attached.

## ATTENDANCE

If your child will be late or away from school, either for the full day or part of the day, please let the school know.

Two ways to report absences:

**Early Warning line** -- leave a voicemail at 604-718-4007

**School Email** -- send an email to [burnett@sd38.bc.ca](mailto:burnett@sd38.bc.ca)

Please leave the following information with your message:

- **Student's first and last names**
- **Student number** — we have several students with the same first and last names, the student number will allow the school to enter the excused absence for the correct student.
- **Parent/Guardian Identity** — only parents, homestay parents and legal guardians are allowed to excuse a student from school. Please identify yourself (mom, dad, homestay, etc.) when reporting a student absence.
- **Reason** for the absence — illness, appointment, travel, etc.
- **Duration** of the absence (start date to end date) — if absence is for more than one day.

The school will send automated voice calls and emails to parents and legal guardians of students with unexcused absence for the day. Please inform the school if you have a change in your contact information (cellphone, home phone, email address).

## DISTRICT POLICY: Student Personal Digital Device

The Ministry of Education requires ALL districts and schools to have a policy for digital devices. The purpose for this is to make youth safe, improve student mental health, and eliminate constant interruptions from their learning.

The policy states that students can use their digital device IF, the teacher asks the students to use their device for a learning activity. Students who do not have device, will be offered a school device for the class.

Otherwise, ALL students must keep their device powered off and be in their backpack or their locker. If students do not follow the policy, staff will remind the student, and if they continue to use their device, staff will connect with parents, and possibly the student will not be allowed to have device at school. Furthermore, devices should not be used in changerooms and bathrooms. Students will be able to use their devices at break and at lunch.

## Community News and Resources

### NOV 25/25 SD38 Career Programs Info Evening Grade 10/11 Families Via Zoom 6:30-7:30 PM

Learn about or dual credit programs/courses both trades and arts/science faculties.

Dual credits earned at high school and post secondary and certification

Course/program post secondary tuition covered by SD38 Richmond.

To register go to: <https://careerprograms.sd38.bc.ca/parents>



### Let's Change Those Negative Thoughts!

We all have negative thoughts, but when they become repetitive and overpowering, we can reframe them to more positive and effective ones. The idea is not to promote toxic positivity, but to reframe our thoughts so they are realistic, effective, and believable.

#### INSTEAD OF THIS...

#### TRY THIS!

This unit is so difficult. I'm going to fail this test.

→ I might not get the highest mark, but I studied hard, so I will pass.

I have too many projects and assignments. I'm not going to finish in time.

→ I might get less sleep, but I can prioritize my tasks and get through them.

My friends already reached their goal in a week and I'm not even close.

→ My progress is slower, but I am working hard, so I will reach my goal too.

Do my friends even like me?

→ I feel insecure right now, but it doesn't mean that feeling is true.

I'm not good enough.

→ I'm doing my best, but I can still improve.

My parents are going to be disappointed.

→ My parents might be disappointed at first, but they still care about me.

## INDIGENOUS GRADE 12 DAY

Explore campus  
Meet UBC's Indigenous community  
Lunch included!

**Monday**  
**Nov. 17, 2025**  
**9:30am-1:30pm**

Sign up with your school counsellor by:  
**November 3rd, 2025**

Who: Indigenous students in grades 12  
Where: UBC's First Nations House of Learning

### INTERESTED IN A CAREER IN SCIENCE, RESEARCH, AND INNOVATION?



Uncover the world of biotechnology and see how scientific innovation is shaping our future

BCIT is offering an intensive week-long workshop for students in Grades 10-12

**WORK ALONGSIDE BIOTECHNOLOGY FACULTY INCLUDING HANDS-ON LEARNING OPPORTUNITIES IN THE TEACHING LABORATORY**

Please reach out to your school counsellor for further information



## CALLING YOU TO VOLUNTEER

Join us in supporting Children, Youth, and Families to thrive and reach for their dreams

#### Help Needed

Charity #: 13940 7670 RR0001

- Homework Club
- Tech Class for Seniors
- Childcare Program
- Tax Clinic / CVITP
- Indigenous Program
- Event Coordination
- Office Administration
- Youth Focus Group

**TOGETHER WE MAKE A BETTER WORLD**

**Let's Connect!**

604-271 7600  
www.ccssociety.ca  
volunteer@ccssociety.ca

## NOT ALL HEROES WEAR CAPES— SOME CARRY SHOVELS

*Snow Angels needed this winter.*

Snow Angels are neighbourhood volunteers, organized by the City of Richmond, who support eligible residents with snow removal from sidewalks and walkways.

Make a difference this snowy season by signing up to be a Snow Angel and helping a neighbour in need.

LEARN MORE AND SIGN UP AT  
[richmond.ca/SnowAngels](http://richmond.ca/SnowAngels)

Richmond

ARE YOU BETWEEN 15-18 YEARS OLD AND PASSIONATE ABOUT MAKING CHANGE IN YOUR COMMUNITY TO IMPROVE YOUTH MENTAL HEALTH?

## AGENDA GAP COMING SOON!

Come together with other youth and be supported in identifying and taking action on issues affecting youth mental health in your community.

**WHAT'S INVOLVED?**

- Participate in a 30 minute call to find out more about Agenda Gap and share what supports youth in your community.
- Attend the group program for about 2 hours/week over 4-6 months.
- Complete 3-4 surveys and a follow-up conversation after the program ends to help us understand the impacts of Agenda Gap and improve the program.
- Receive a certificate of completion documenting your volunteer hours.

Participation in all surveys is voluntary and confidential.

**FOR MORE INFO CONTACT US!**

Call or message:  
Liza McGuinness, Project Manager, University of British Columbia.

604-822-7459  
or  
[agenda.gap@ubc.ca](mailto:agenda.gap@ubc.ca)

**FOUNDRY RICHMOND**

Wellstream

## NEW! Mental health resources for families

**Topics:**

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:

Black, English, Українською, 廣東話, العربية, 普通话, தமிழ், हिन्दी, Hispano, Filipino

Find resources at:  
[kellymentalhealth.ca/multilanguage](http://kellymentalhealth.ca/multilanguage)

BC Children's Hospital, Health Bridge, Kelly Mental Health Centre, OUR KIDS HEALTH

## MINERVA career boost

empowering the next generation

Join us for a one-day, in-person career mentorship event designed to inspire, connect, and empower youth!



**what:**

inspiring keynotes, career skill-building workshops, and connecting with mentors from a variety of fields

**who:**

open to self-identified girls and gender expansive youth aged 15-24

**when:**

9:30am-4:00pm PT  
Friday, November 21st

**where:**

an office in Vancouver - location to be shared closer to the date



Scan here  
to register!

**join us!**

FREE REGISTRATION  
[bit.ly/CareerBoost2025](http://bit.ly/CareerBoost2025)



## BREAKING BARRIERS

BREATHE . ANCHOR . RELAX . RECONNECT

Feeling stressed or overwhelmed by strong emotions?  
Are you struggling to manage all the expectations youth face in today's world?



Breaking BARRIERS is a mindfulness-based stress reduction group specifically for youth (13-18). Participants will explore various coping skills, mindfulness strategies, grounding techniques, visualization exercises, and how to create a personalized self-care practice



TO REGISTER,  
PLEASE CONTACT:

**Kelsey Eberwein, MC, RCC**  
[keberwein@touchfam.ca](mailto:keberwein@touchfam.ca)  
604-313-1372

**Julie Crandlemire, MC Candidate**  
[jcrandlemire@touchfam.ca](mailto:jcrandlemire@touchfam.ca)  
604-353-7167

Dates: Wednesdays, October 22 - Nov 26

Length: 6 weekly sessions

Time: 3:45-5:45pm

Location: City Centre Community Centre  
5900 Minoru Blvd, Richmond RM 2

FOUNDRY  
RICHMOND

## QUEER & TRANS RESILIENCE GROUP

Support for  
navigating sexual  
orientation & gender  
expression

Standing Up for  
Yourself



Affirm what shapes your  
resilience as  
Queer/Trans/  
2SLGBTQIA+

Self-Worth &  
Self-Esteem

Nov. 10-Jan. 26 (12 sessions)

Mondays 4pm-6pm

Ages 16-24

Registration/Orientation Required

**LGBTQ+**

Email: [Ajay.Sahota@vch.ca](mailto:Ajay.Sahota@vch.ca)  
or text 604-250-5461 for  
info/to sign-up

## COMMUNITY CONNECTIONS

for ages 13-18

OCTOBER 30 TO DECEMBER 11 THURSDAYS 4:00-6:00PM

Join us as we go out into the real world and see what opportunities, resources, supports, and fun activities are available in Richmond.

This group consists of guided tours and activities at various Richmond community organizations to learn about what they do, who they are, and what they have to offer.

Come check out places that may feel too scary to go to on your own, and also practice getting out of your comfort zone with safe supports.

### Group Schedule

- Oct 30 Introduction & Brainstorming
- Nov 6 Richmond Addiction Services Society (RASS)
- Nov 13 Richmond Youth Outreach & Media Lab
- Nov 20 Richmond Youth Outreach Recreation Team
- Nov 27 Gateway Theatre
- Dec 4 Pathways Clubhouse
- Dec 11 TBD (to be determined)



To register or for more information please contact Ally at 604-841-3156 or [ally.giesbrecht@vch.ca](mailto:ally.giesbrecht@vch.ca)

### Group Schedule

- Oct 30 Introduction & Brainstorming  
Foundry Group Room  
5811 Cooney Road  
Unit 101
- Nov 6 Richmond Addiction Services Society (RASS)  
6080 Anderson Road  
Unit 105
- Nov 13 Richmond Youth Media Program  
Richmond Cultural Centre Annex  
7660 Minoru Gate
- Nov 20 Richmond Youth Outreach Recreation Team  
Foundry Group Room  
5811 Cooney Road  
Unit 101
- Nov 27 Gateway Theatre  
6400 Gilbert Road
- Dec 4 Pathways Clubhouse  
611 Granville Avenue  
Unit 315
- Dec 11 To be determined



## BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

[study@sd38.bc.ca](mailto:study@sd38.bc.ca)

604-668-6217



**RICHMOND**  
INTERNATIONAL EDUCATION  
ENRICHING GLOBAL MINDS