



BURNETT WAAG

Family WAAG December 1 – December 5, 2025

Monday December 1	Tuesday December 2	Wednesday December 3	Thursday December 4	Friday December 5		
(Pro-D)	(PLT-ABCD)	(ABCD)	(PLT-ABCD)	(ABCD)		
Pro-D Day School Closed to Students	Block A	8:30	9:38	Block A	8:30	9:50
	PLT	9:43	10:31	Block B	9:55	11:15
	Block B	10:36	11:44	Recess	11:15	11:25
	Recess	11:44	11:54	Block C	11:30	12:50
	Block C	11:59	1:07	Lunch	12:50	1:35
	Lunch	1:07	1:47	Block D	1:40	3:00
	Block D	1:52	3:00			

SCHOOL CALENDAR

To stay up to date about what is happening at the school, you can subscribe to the calendar on the Burnett website. When on the website, go to School Calendar and scroll down to the bottom of the calendar and click on Subscribe to Our Calendar.

ATHLETICS

For information about Burnett Athletics and Teams, please see the link on our [website here](#).

CAREER CENTRE – Post Secondary Planning

Check out our career centre website for upcoming student presentations and important information related to post-secondary planning! [Click here!](#)

SCHOOL COUNSELLING SERVICES

You can book an appointment with your school counsellor online! Click on the [Counselling Centre](#), and book your appointment.

FLU/COLD SEASON

As Flu/Cold season is upon us, it is important to take care of your health. If you are feeling sick,

- Monitor your symptoms
- Stay at home as you can spread your sickness to others
- Wear a mask during your recovery.

Students who miss assessments/instruction due to illness will always have alternate opportunities to demonstrate their learning.

GRAD PHOTO SESSIONS

Grads of 2026, book your graduation photo session NOW to get your first choice of time and date.

Artona will have their mobile studio at Burnett from January 30 - February 6, 2026.

Go to <https://artona.com/schools/JNBU> Click on the “Grad Session” option.

SENIORS BREAKFAST

Burnett is hosting a Seniors Breakfast on December 18th from 8:30 to 10:00 am. The event is limited to 90 guests and will feature a delicious breakfast including eggs, pancakes, breakfast sausage, coffee, and tea. Seniors are invited to call the office to RSVP. The event will also include musical performances by students and Christmas Song Sing Along. We look forward to celebrating with our senior community!

DATES TO REMEMBER:

Dec 1 Pro-D Day (School Closed to Students)
Dec 5. Staff Lunch Provided by PAC
Dec 10 Collaboration Day (School Starts at 9:30 AM)
Dec 14-22 Hannukah
Dec 15 Learning Progress Report Sent Home by Teacher
Dec 18 Senior's Breakfast
Dec 19 Breaker Winter Festival / Last Day Before Winter Break
Jan 5 First Day Back to School
Jan 7 Collaboration Day (School Starts at 9:30 AM)
Jan 8 PAC Meeting @ 7 pm
Jan 13 Conference Day / Graduation Numeracy 10 Assessment
Jan 19 Semester 2 Course Change Requests Due @ 8am
Jan 22 Feeder School Concert
Jan 23 Last Day of Semester 1
Jan 26 Pro-D Day (School Closed)
Jan 27 Learning Completion Day (Non-instructional Day)
Jan 27 Graduation Language 12 Assessment
Jan 28 Semesters 2 Starts
Jan 30-Feb 6 Artona Grad Photos

PAC

Families can contact Burnett's Parent Advisory Council at jnbpac.general@gmail.com PAC Meeting dates listed on the School Calendar. Volunteering and Fundraising Opportunities:

PAC Committee Member: <https://forms.gle/MG8yWNhc1Tf8kKdY7>

PAC Gift Card Fundraiser: <https://forms.gle/jS6vxAHpYU7PuJjV7>





BURNETT W.A.A.C

SAFETY AND TRAFFIC GUIDELINES

We encourage students to walk or bike to school – there are significant health benefits to doing. Walking would also help to ensure the safety of our students and reduce traffic congestion during busy times. If families insist on driving, we kindly ask everyone to follow these important guidelines:

- **Right Turn Only:** During peak hours (8:15–8:45 AM and 2:45–3:15 PM), please remember that only right turns are allowed when exiting the school at both the south and west exits onto Granville.
- **No Roadside Drop-offs:** For the safety of all, please avoid dropping off children at the side of the road or on the median on Granville and McCallan.
- **Pick Up in the Parking Lot:** Please pick up your children in the parking lot instead of the drop-off lane to keep the flow of traffic moving.
- **Avoid Double Parking**
- **Encourage Walking or Biking:** If possible, encourage your children to walk or bike to school. It's a great way to promote independence and stay active. Cyclists take great care and caution and learn the rules of the road!
- **Drop Off a Few Blocks Away:** Consider dropping your children off a short distance from the school to help ease parking lot congestion.
- **Leave a Few Minutes Early:** Giving yourself a little extra time can help you avoid the rush and make the drop-off process smoother.

We appreciate your support in helping us create a safe and efficient environment for all our students and families. Thank you for your cooperation!

BELL SCHEDULE

MONDAY + WEDNESDAY + FRIDAY	
CLASS	TIME
WELCOME BELL	8:25am
BLOCK A	8:30 – 9:50
BLOCK B	9:55 – 11:15
BREAK	11:15 – 11:25
BLOCK C	11:30 – 12:50
LUNCH	12:50 – 1:35
BLOCK D	1:40 -- 3:00

TUESDAY + THURSDAY	
CLASS	TIME
BLOCK A	8:30 – 9:38
PLT	9:43 – 10:31
BLOCK B	10:36 – 11:44
BREAK	11:44 – 11:54
BLOCK C	11:59 – 1:07
LUNCH	1:07 – 1:47
BLOCK D	1:52 -- 3:00

COLLABORATION DAY	
CLASS	TIME
COLLAB TIME	8:30 – 9:25
BLOCK A	9:30 – 10:35
BLOCK B	10:40 – 11:45
BREAK	11:45 – 11:55
BLOCK C	12:00 – 1:05
LUNCH	1:05 – 1:50
BLOCK D	1:55 -- 3:00

CONFERENCE DAY	
CLASS	TIME
HOMEROOM	8:30 – 9:00
SESSION 1	9:10 – 10:10
BREAK	10:10 – 10:20
SESSION 2	10:25 – 11:25
LUNCH	11:25 – 12:10
SESSION 3	12:15 – 1:15
SESSION 4	1:25 – 2:25
HOMEROOM/PLT	2:30 – 3:00
GLA/GNA SESSION 1	8:15 – 11:15
GLA/GNA SESSION 2	12:00 – 3:00

PLT – PERSONAL LEARNING TIME

Just a brief reminder of the changes to Personal Learning Time (formerly BLT-Burnett Learning Time):

Structure

- PLT is on Tuesdays and Thursdays and will be scheduled between first and second period starting September 9.
- Each PLT block will be 48 minutes in duration.
- All students will be required to attend each PLT session

Increased Opportunities for Student Support

PLT will increase support for all students and empower students to:

- Choose what area of learning they want to focus on
- Choose who they need to connect with for support (Teachers may request that you sign-up for a specific PLT)
- Learn how to self-manage their time and develop skills to be more independent learners

Strategies for Success – Some PLT Ideas

- Review class notes, textbook, homework and learning activities
- Make cue cards/flashcards or prepare other study tactics
- Review a quiz/test with a friend or work on group class projects
- Stay organized: record important assignment dates in agenda/clean-up binder
- Read/Journal
- Ask questions of, converse and consult with teachers
- Skills you will develop: questioning, communication, goal setting, organization, time management, self-regulation and awareness
- PLAN/SET PRIORITIES – What is due first? What is most difficult? What will take the most time?
- ORGANIZE – If tasks are completed, what else can be done to improve my learning - study, read, practice....What materials/resources do I need to bring with me to PLT?

Information and Reminders were shared with students during Homeroom this week; please see attached.

ATTENDANCE

If your child will be late or away from school, either for the full day or part of the day, please let the school know.

Two ways to report absences:

Early Warning line -- leave a voicemail at 604-718-4007

School Email -- send an email to burnett@sd38.bc.ca

Please leave the following information with your message:

- **Student's first and last names**
- **Student number** — we have several students with the same first and last names, the student number will allow the school to enter the excused absence for the correct student.
- **Parent/Guardian Identity** — only parents, homestay parents and legal guardians are allowed to excuse a student from school. Please identify yourself (mom, dad, homestay, etc.) when reporting a student absence.
- **Reason** for the absence — illness, appointment, travel, etc.
- **Duration** of the absence (start date to end date) — if absence is for more than one day.

The school will send automated voice calls and emails to parents and legal guardians of students with unexcused absence for the day. Please inform the school if you have a change in your contact information (cellphone, home phone, email address).

DISTRICT POLICY: Student Personal Digital Device

The Ministry of Education requires ALL districts and schools to have a policy for digital devices. The purpose for this is to make youth safe, improve student mental health, and eliminate constant interruptions from their learning.

The policy states that students can use their digital device IF, the teacher asks the students to use their device for a learning activity. Students who do not have device, will be offered a school device for the class.

Otherwise, ALL students must keep their device powered off and be in their backpack or their locker. If students do not follow the policy, staff will remind the student, and if they continue to use their device, staff will connect with parents, and possibly the student will not be allowed to have device at school. Furthermore, devices should not be used in changerooms and bathrooms. Students will be able to use their devices at break and at lunch.

Community News and Resources



Let's Change Those Negative Thoughts!

We all have negative thoughts, but when they become repetitive and overpowering, we can reframe them to more positive and effective ones. The idea is not to promote toxic positivity, but to reframe our thoughts so they are realistic, effective, and believable.

INSTEAD OF THIS...

TRY THIS!

This unit is so difficult. I'm going to fail this test.



I might not get the highest mark, but I studied hard, so I will pass.

I have too many projects and assignments. I'm not going to finish in time.



I might get less sleep, but I can prioritize my tasks and get through them.

My friends already reached their goal in a week and I'm not even close.



My progress is slower, but I am working hard, so I will reach my goal too.

Do my friends even like me?



I feel insecure right now, but it doesn't mean that feeling is true.

I'm not good enough.



I'm doing my best, but I can still improve.

My parents are going to be disappointed.



My parents might be disappointed at first, but they still care about me.

INTERESTED IN A CAREER IN SCIENCE, RESEARCH, AND INNOVATION?



Uncover the world of biotechnology and see how scientific innovation is shaping our future

BCIT is offering an intensive week-long workshop for students in Grades 10-12

WORK ALONGSIDE BIOTECHNOLOGY FACULTY INCLUDING HANDS-ON LEARNING OPPORTUNITIES IN THE TEACHING LABORATORY

Please reach out to your school counsellor for further information



Online learning from K-12

Our mission is to provide blended courses that respond to the needs of Richmond students with flexibility, quality and service. As a result, RVS has one of the highest completion rates in BC!



RVS Offers:

- Academic & Elective Courses
- Programs for K-12
- Fast-Track Summer Semester 3
- Dance & Athlete Programs, AP Psychology, Entrepreneurship, Leadership, Cybersecurity, Work Experience and more!



richmondvirtualschool.ca
Call 604-668-6371 | Email rvs@sd38.bc.ca

RICHMOND
SCHOOL DISTRICT AB 39

In-Person Events

Community Events

Connect & Learn | for Parents & Caregivers

A Conversation for Families About Digital Wellbeing and Mental Health

As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time spent on technology is too much, and how to set boundaries that don't create conflict. Learn from Dr. Kristy Goodwin, Digital Wellbeing and productivity researcher, speaker, author and consultant.

Details

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in Richmond.

LOCATION: Richmond Public Library, 100-7700 Minoru Gate, Richmond
DATE: Tuesday, December 2, 2025
TIME: 10:00 - 11:30 AM
COST: Free

Questions?

EMAIL: sandy.chen@familysmart.ca
PHONE/TEXT: 604-607-9572



Register online at
familysmart.ca/events



In-Person Events

Community Events

Connect & Learn | for Parents & Caregivers

Parenting When Anxiety Shows Up As Anger

Anxiety in our kids can show up as anger, and that can make parenting extra challenging. Learn from Karen Peters, Registered Clinical Counsellor, to discover some strategies that can help us before, during, and after these hard moments.

Details

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in Richmond.

LOCATION: Richmond Public Library, 100-7700 Minoru Gate, Richmond
DATE: Wednesday, December 3, 2025
TIME: 7:00 - 8:30 PM
COST: Free

Questions?

EMAIL: sandie.rae@familysmart.ca
PHONE/TEXT: 604-607-9575



Register online at
familysmart.ca/events



NEW! Mental health resources for families

Topics:

- Anxiety
- Substance Use
- Navigating Family Transitions
- Eating Disorders
- Grief and Loss
- OCD
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:



Find resources at:

kellymentalhealth.ca/multilingual



CALLING YOU TO VOLUNTEER

Join us in supporting Children, Youth, and Families to thrive and reach for their dreams

Help Needed

- Homework Club
- Tech Class for Seniors
- Childcare Program
- Tax Clinic / CVITP
- Indigenous Program
- Event Coordination
- Office Administration
- Youth Focus Group

TOGETHER WE MAKE A BETTER WORLD

Let's Connect!



604-271-7600
www.ccsociety.ca
volunteer@ccsociety.ca



NOT ALL HEROES WEAR CAPES—SOME CARRY SHOVELS

Snow Angels needed this winter.

Snow Angels are neighbourhood volunteers, organized by the City of Richmond, who support eligible residents with snow removal from sidewalks and walkways.

Make a difference this snowy season by signing up to be a Snow Angel and helping a neighbour in need.

LEARN MORE AND SIGN UP AT
richmond.ca/SnowAngels



Youth Civic Engagement Program 2026

Making a difference in your community starts here
7-week education-to-action program



For youth 15-20 years

January 21-March 4
Wednesdays, 4:30-6:30pm
Richmond City Hall
Course ID: 00479188



Register today!
Phone: 604-276-4300
Online: richmond.ca/register
Contact us:
YouthPlanning@Richmond.ca

richmond.ca/youth



FOUNDRY
RICHMOND

**QUEER & TRANS
RESILIENCE GROUP**

Support for navigating sexual orientation & gender expression

Affirm what shapes your resilience as Queer/Trans/2SLGBTQIA+

Standing Up for Yourself

Self-Worth & Self-Esteem

Nov. 10–Jan. 26 (12 sessions)
Mondays 4pm–6pm
Ages 16–24
Registration/Orientation Required

Email: Ajay.Sahota@vch.ca
or text 604-250-5461 for info/to sign-up

LGBTQ+

SD38 Families Are Invited!

INFORMATION SESSION for Gr. 10/11

PICK A DATE

CHOOSE the VIRTUAL session that works for you:
Option 1: Tuesday, November 25, 2025 @ 6:30-7:30pm
Option 2: Wednesday, January 28, 2026 @ 6:30-7:30pm
(Please sign in around 6:20pm, so we can start promptly @ 6:30pm)

Join Zoom Meeting
Meeting ID: 619 4912 1628
Passcode: 235401

PRESENTATION OVERVIEW

- TRADES TRAINING AND APPRENTICESHIP PROGRAMS**
 - Earn trades certification (Level 1) + dual credits while in high school
 - Tuition is covered and students graduate with college/industry credit
 - Students are employable immediately upon completion – many trades offered
- OTHER DUAL CREDIT PROGRAMS/COURSES (tuition covered for all)**
 - Intro to Biomedical & Health Sciences Dual Credit Program (BPH)
 - Health Career Assistant AND Medical Lab Assistant Certificates @ VCC
 - Intro to Early Childhood Education @ Langara
 - Link38 – Students choose from a pre-selected list of Kwantlen courses
 - STRIVE – KPU IDEA 1100 course for students who think they may not qualify for university entry – apply and you are in!
 - AND MORE!

CAREER PROGRAMS

ARE YOU BETWEEN 15-18 YEARS OLD AND PASSIONATE ABOUT MAKING CHANGE IN YOUR COMMUNITY TO IMPROVE YOUTH MENTAL HEALTH?

AGENDA GAP COMING SOON!

WHAT'S INVOLVED?

- Participate in a 30 minute call to find out more about Agenda Gap and share what supports youth in your community.
- Attend the group program for about 2 hours/week over 4-6 months.
- Complete 3-4 surveys and a follow-up conversation after the program ends to help us understand the impacts of Agenda Gap and improve the program.
- Receive a certificate of completion documenting your volunteer hours.

FOR MORE INFO CONTACT US!

Call or message:
Liza McGuinness, Project Manager, University of British Columbia.
604-822-7459
or agenda.gap@ubc.ca

Participation in all surveys is voluntary and confidential.

FOUNDRY
RICHMOND

Wellstream

COMMUNITY CONNECTIONS for ages 13-18

OCTOBER 30 TO DECEMBER 11 THURSDAYS 4:00-6:00PM

Join us as we go out into the real world and see what opportunities, resources, supports, and fun activities are available in Richmond.

This group consists of guided tours and activities at various Richmond community organizations to learn about what they do, who they are, and what they have to offer.

Come check out places that may feel too scary to go to on your own, and also practice getting out of your comfort zone with safe supports.

Group Schedule

Oct 30 Introduction & Brainstorming
Nov 6 Richmond Addiction Services Society (RASS)
Nov 13 Richmond Youth Outreach & Media Lab
Nov 20 Richmond Youth Outreach Recreation Team
Nov 27 Gateway Theatre
Dec 4 Pathways Clubhouse
Dec 11 TBD (to be determined)

MAKE SURE TO DRESS FOR THE WEATHER

Meet at Foundry Reception 101-5811 Cooney Road

To register or for more information please contact Ally at 604-848-3156 or ally.giesbrecht@vch.ca

Group Schedule

Oct 30 Introduction & Brainstorming
Foundry Group Room
588 Cooney Road
Unit 101

Nov 6 Richmond Addiction Services Society (RASS)
8080 Anderson Road
Unit 105

Nov 13 Richmond Youth Media Program
Richmond Cultural Centre Annex
7660 Massey Gate

Nov 20 Richmond Youth Outreach Recreation Team
Foundry Group Room
588 Cooney Road
Unit 101

Nov 27 Gateway Theatre
6400 Gilbert Road

Dec 4 Pathways Clubhouse
6811 Granville Avenue
Unit 315

Dec 11 To be determined

BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca 604-668-6217

RICHMOND
INTERNATIONAL EDUCATION
ENRICHING GLOBAL MINDS

S.U.C.C.E.S.S.

風雨同路華語家長互助小組
CHINESE PARENTS SUPPORT GROUP

歡迎6-19歲青少年家長參加學習及交流養育子女的心得
Parents of children aged 6 to 19 are welcome to join
ZOOM 10:00A.M. - 11:30A.M.

每週2個及第4個星期三 (2025年9月-2026年6月)
普通話 費用全免 (Mandarin / Free of Charge)

家庭及青少年輔導部: CAROL SIU | 604-335-2832 | CAROL.SIU@SUCCESS.BC.CA

FAMILY AND COMMUNITY SERVICES – GROUP PROGRAM
CHINESE PARENT SUPPORT GROUP 風雨同路家長互助小組
2025 - 2026 GROUP ACTIVITIES SCHEDULE 活動計劃

DATE	ACTIVITIES
September 10	親子關係及青少年發展與自我認同發展：在多元文化下我們——父母與知識的傳承 Child and Adolescent Development & Identity Formation — Growing Up Between Two Cultures: What Parents Need to Know
September 24	親子關係及青少年發展與自我認同發展：在多元文化下我們——父母與知識的傳承 Child and Adolescent Development & Identity Formation (Part 2) Bridging Two Worlds — Building Bicultural Identity in Children
October 8	探索青少年面對的世界：校園霸凌 Exploring the World of Adolescents: School Bullying
October 22	探索青少年面對的世界：校園霸凌 Exploring the World of Adolescents: Cyberbullying
November 12	探索青少年面對的世界：校園霸凌 Exploring the World of Adolescents: Video Game / Social Media Addiction
November 26	探索青少年面對的世界：校園霸凌 Child and Adolescent Mental Health: Depression (Major Depressive Disorder)
December 10	探索青少年面對的世界：校園霸凌 Child and Adolescent Mental Health: Social Anxiety Disorder
January 14	探索青少年面對的世界：校園霸凌 Child and Adolescent Mental Health: Attention-Deficit/Hyperactivity Disorder
January 28	探索青少年面對的世界：校園霸凌 Child and Adolescent Mental Health: Understanding Perfectionism
February 11	認識、理解與溝通——建立積極安全家庭 Understanding Intergenerational Emotional Transmission and Building an Emotionally Safe Family
February 25	父母自我照顧：憤怒和情緒管理 (上) 認識憤怒與衝突 Parental Self-Care: Anger Management (Part 1) - Understanding Anger and Conflict
March 11	父母自我照顧：憤怒和情緒管理 (下) 學習與衝突調解 Parental Self-Care: Anger Management (Part 2) - Expressing and Regulating Emotions (Part 2)
March 25	父母自我照顧：憤怒和情緒管理 (下) 學習與衝突調解 Parental Self-Care: Recognizing Anxiety and Practicing Self-Compassion
April 8	親子衝突管理：從「聽話」到「對話」——華人家庭教養觀念的傳承 Parent-Child Conflict Management: From Obedience to Dialogue — Rethinking Parenting in Chinese Families
April 22	親子衝突管理：如何面對孩子青春期的挑戰與叛逆行為 Parent-Child Conflict Management: Navigating Teen Challenges and Defiant Behaviors
May 13	親子衝突管理：如何處理一場親子爭執？ Parent-Child Conflict Management: Navigating a Parent-Child Conflict

S.U.C.C.E.S.S. Page 2 of 3 updated: 2025 01 16

	How to Find a Fight and Repair the Relationship
May 27	溝通技巧與教養策略：用孩子能聽的方式去愛——中西式親子關係對話 Communication and Parenting Strategies: Loving Your Child in a Way They Can Understand — Emotional Dialogue in Eastern and Western Cultures
June 10	溝通技巧與教養策略：培養情緒穩定的一代——成為孩子的「情緒教練」 Communication and Parenting Strategies: Raising Emotionally Resilient Children — Becoming Your Child's "Emotion Coach"
June 24	溝通技巧與教養策略：溝通內在動機——提升孩子的學習動力與生活責任感 Communication and Parenting Strategies: Fostering Inner Motivation — Helping Children Develop Responsibility and a Love for Learning