

# Community News and Resource



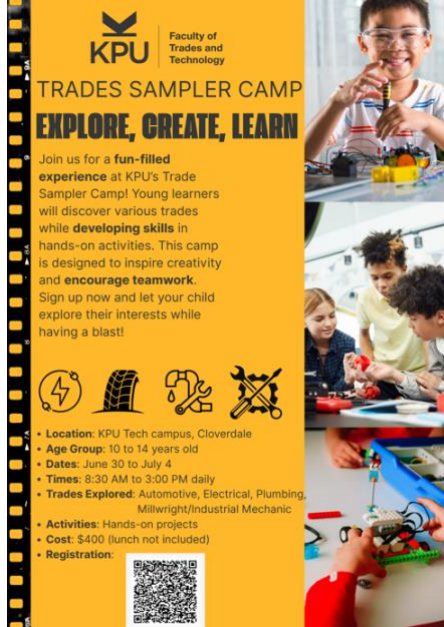
## We're hiring!

Applications are currently being accepted for Summer Leader positions.

Summer Leaders instruct and assist program activities on a day to day basis. Scan the QR code to learn more!

Visit [richmond.ca/associationcareers](http://richmond.ca/associationcareers) for the most up to date information.


Richmond Associations are partnering with Canada Summer Jobs to provide valuable youth employment experiences.


## TRADES SAMPLER CAMP

### EXPLORE, CREATE, LEARN

Join us for a fun-filled experience at KPU's Trade Sampler Camp! Young learners will discover various trades while developing skills in hands-on activities. This camp is designed to inspire creativity and encourage teamwork. Sign up now and let your child explore their interests while having a blast!



- Location: KPU Tech campus, Cloverdale
- Age Group: 10 to 14 years old
- Dates: June 30 to July 4
- Times: 8:30 AM to 3:00 PM daily
- Trades Explored: Automotive, Electrical, Plumbing, Millwright/Industrial Mechanic
- Activities: Hands-on projects
- Cost: \$400 (lunch not included)
- Registration:




## TOUCHSTONE FAMILY ASSOCIATION

Strengthening Family • Building Community

### RESET 2025 SUMMER RECREATION PROGRAM

210-3031 VIKING WAY

THE REC PROGRAM IS DESIGNED TO SUPPORT YOUTH THROUGHOUT THE SUMMER. THIS PROGRAM IS FOR YOUTH AGES 13 - 18 YEARS

REGISTRATION/ORIENTATION JUNE 24<sup>TH</sup> & 26<sup>TH</sup> ANYTIME BETWEEN 2PM - 6PM (DOWNSTAIRS ENTRANCE #108)

PROGRAM STARTS JULY 2<sup>TH</sup> MONDAY THROUGH THURSDAY IN JULY AND AUGUST USUALLY 10:00AM-4:30PM (THERE MAY BE SOME EVENING EVENTS)

- RELATIONSHIP-BASED PHILOSOPHY
- EXPERIENTIAL ACTIVITIES
- SWIMMING, WATERSPORTS, BEACH BBQ'S, PAINTBALL, WATERSLIDES, MOVIES, HIKES, AND MUCH MORE

FOR MORE INFORMATION OR TO REGISTER PLEASE CONTACT

BARRY GILL - YOUTH COUNSELLOR  
604.649.0564 | [BGILL@TOUCHSTONE.FA](mailto:BGILL@TOUCHSTONE.FA)



## YOU ARE NOT ALONE

More than 1 in 4 children and youth in Canada have experienced sexual abuse

### Sexual Abuse Intervention Program

We're here to support survivors ages 3 to 18. Get help now or learn more at [fsgv.ca/SAIP](http://fsgv.ca/SAIP)



FAMILY SERVICES of Greater Vancouver



## Rise and Shine

Tools for Mental and Emotional Wellness

### SUMMER 2025 APPLICATIONS OPEN!

Rise and Shine is a wellness program for girls and gender diverse youth ages 15-24. This program contains 7 workshops designed to help youth develop essential skills to nurture their mental and emotional health and walk away with valuable and practical tools for navigating their resilience and building their confidence.

Rise and Shine will take place via Zoom over 7 sessions from 10-11:30am PT:

- August 11th: Welcome and Opening Circle
- August 12th: Self-Awareness and Thinking Traps
- August 13th: Boundary Setting
- August 14th: Self-Compassion
- August 19th: Stress and Anxiety
- August 20th: Sadness and Depression
- August 21st: Self-Care

Applications close August 7th. Join us and apply today!

SCAN HERE TO REGISTER




## S.U.C.C.E.S.S. Community Leadership Initiative (CLI)

Are you passionate about making a difference in your community? Receive a microgrant to pioneer a community engagement project!

For more information: [www.succesbc.ca/cli](http://www.succesbc.ca/cli) CLI@success.bc.ca | 236-880-8428

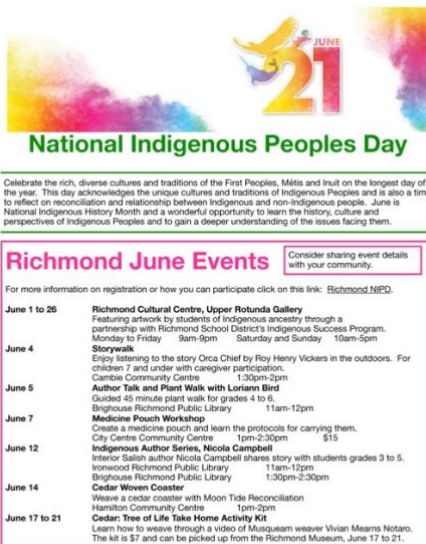
Workshops | Field Trips | Trainings | Hands-on Experience

Empowering youth to make a difference in their community through leadership & civic engagement

Eligibility criteria:

- Ages 15-30 (inclusive)
- Canadian citizen, permanent resident, or government-assisted refugee
- A passion for creating inclusivity in your community

FUNDED BY CANADA SERVICE CORPS | Canada



## National Indigenous Peoples Day

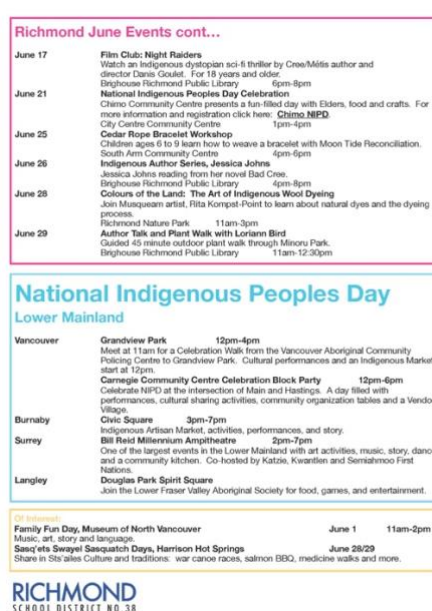
Celebrate the rich, diverse cultures and traditions of the First Peoples, Métis and Inuit on the longest day of the year. This day acknowledges the unique cultures and traditions of Indigenous Peoples and is also a time to reflect on reconciliation and relationship between Indigenous and non-Indigenous people. June is National Indigenous History Month and a wonderful opportunity to learn the history, culture and perspectives of Indigenous Peoples and to gain a deeper understanding of the issues facing them.

### Richmond June Events

Consider sharing event details with your community.

For more information on registration or how you can participate click on this link: [Richmond.NIPD](http://Richmond.NIPD).

Date	Event	Time	Location
June 1 to 26	Richmond Cultural Centre, Upper Rotunda Gallery		
June 4	Storybook	10am-12pm	Richmond Cultural Centre
June 5	Author Talk and Plant Walk with Loraine Bird	1pm-2pm	Richmond Cultural Centre
June 7	Medicine Pouch Workshop	1pm-2pm	Richmond Cultural Centre
June 12	Indigenous Author Series, Nicola Campbell	11am-12pm	Richmond Cultural Centre
June 14	Cedar Woven Coaster	1pm-2pm	Richmond Cultural Centre
June 17 to 21	Cedar: Tree of Life Take Home Activity Kit		



## Richmond June Events cont...

Date	Event	Time	Location
June 17	Film Club: Night Raiders	4pm-6pm	Richmond Cultural Centre
June 21	National Indigenous Peoples Day Celebration	10am-6pm	Richmond Cultural Centre
June 25	Cedar Rope Bracelet Workshop	1pm-2pm	Richmond Cultural Centre
June 26	Indigenous Author Series, Jessica Johns	4pm-6pm	Richmond Cultural Centre
June 28	Colours of the Land: The Art of Indigenous Wood Dyeing	11am-12pm	Richmond Cultural Centre
June 29	Author Talk and Plant Walk with Loraine Bird	11am-12pm	Richmond Cultural Centre

## National Indigenous Peoples Day Lower Mainland

Location	Event	Time
Vancouver	Grandview Park	12pm-4pm
Burnaby	Chiv Square	3pm-7pm
Surrey	Bill Reid Millennium Amphitheatre	2pm-7pm
Langley	Deas Island Park	11am-3pm

For more information on registration or how you can participate click on this link: [Richmond.NIPD](http://Richmond.NIPD).



## POSTER CONTEST!

### YOUR VOICE, YOUR VISION - A SAFER FUTURE

Use your poster to express:

- Your vision of a safe and supportive community
- Positive choices and alternatives to violence
- Messages of empowerment, unity, and resilience

Open to youth in Richmond (13 - 24 years old)

Deadline: June 20, 2025

Prizes for selected entries

Deadline to submit: June 20, 2025 at 10:00pm

Let your art be the change.

Submit your poster and show Richmond what a safer future looks like through your eyes!

If you have any questions, assistance, or accommodations for this project please contact the staff at the Richmond Youth Media Lab (RYML) program or email them at [mediablab@richmond.ca](mailto:mediablab@richmond.ca). Selected artists will be contacted directly.

Submission Requirements: Please email your submission to [mediablab@richmond.ca](mailto:mediablab@richmond.ca) or scan the QR code below.



Scan for more information or to apply



## 風雨同路華語家長互助小組 CHINESE PARENTS SUPPORT GROUP



**ZOOM**  
**10:00 A.M. - 11:30 A.M.**

歡迎6-19歲青少年子女家長參加 學習及交流養育子女的心得

每月第2個及第4個星期三 (2024年9月至2025年6月) 普通話 | 費用全免

家庭及青少年輔導部: CAROL SIU | 604-335-2832 | CAROL.SIU@SUCCCESS.BC.CA



## FAMILY AND COMMUNITY SERVICES – GROUP PROGRAM Chinese Parent Support Group 風雨同路家長互助小組 2024 – 2025 GROUP ACTIVITIES SCHEDULE 活動計劃

DATE	ACTIVITIES
September 11	Welcome back orientation 歡迎歸隊 – 活動計劃介紹
September 25	Understand puberty 理解孩子的青春期
October 9	What's the difference between parents' generation and children's one? 理解家長和孩子的時代的差異
October 23	How to understand the relationship between children and games? 如何理解孩子和遊戲的關係?
November 6	How to improve children's social skills? 如何提高孩子的社交技巧
November 20	How to increase children's self-confidence? 如何提高孩子的自信心
December 4	How to improve children's resilience? 如何提高孩子的承受挫折的能力
January 8	How to handle children's puppy love? 如何回應孩子的早戀
January 22	How to guide children to identify the quality of a relationship? 如何教導孩子分辨關係品質
February 5	How to address conflicts between parents and children? 如何處理家長和孩子之間的矛盾
February 19	How to manage anxiety as a parent? 父母該如何管理自己的焦慮
March 5	How to support children when they are bullied at school? 如何應對校園欺凌
March 19	How to help children to handle cyber-bully? 如何幫助孩子應對網路暴力
April 2	Anger management for parents. 家長的憤怒管理技巧
April 16	How to handle children's anger? 如何應對孩子的憤怒
May 7	How to praise and encourage children? 如何表揚和鼓勵孩子
May 21	How to make children be more willing to listen to you? 如何讓孩子更願意聽你的話?
June 4	How to do when you have different parenting opinions with your partner? 當你和伴侶擁有不同的育兒意見時該怎麼辦
June 18	Year End Gathering 年終聚會



## BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



Apply for the  
**Young Women  
in Public Safety**  
student employment  
opportunity



Posez votre candidature  
au programme

**Jeunes femmes  
en sécurité publique**  
pour une possibilité  
d'emploi étudiant



# STEVESTON VINTAGE FAIR

**SUNDAYS 10AM TO 4PM**

**Jul 6, 13 & 20  
Aug 10 & 17**

Volunteers Needed  
Sign up here:

## Breaking BARRIERS

Do you often feel stressed, anxious, angry, or overwhelmed?

Breaking BARRIERS is a mindfulness-based stress reduction group for teens.

Each week, members learn more about stress (e.g., its impact on our thoughts, emotions and behaviors) and add new skills and strategies to their stress-management toolkit (e.g., coping with stress and fostering calmness in everyday life).

What type of skills and strategies will you learn?

You'll learn an abundance of techniques that you can use in all areas of life, such as grounding exercises, guided mindfulness practices, visualizations, emotional regulation and self-care.

**Date, Time, Location**

Dates: April 2025 - Specific dates TBD.

Length: 8 weekly sessions

Time: 4:00pm-6:00pm

Location: Touchstone Family Association  
3031 Viking Way, Suite 210, Richmond

**TO REGISTER, PLEASE CONTACT:**

Kelsey Eberwein  
keberwein@touchfam.ca  
604-313-1372

Kelly Gault  
kgault@touchfam.ca  
604-207-5024

## THE POWER OF GROUP

**LOCATION:**  
TOUCHSTONE FAMILY ASSOCIATION  
3031 VIKING WAY, RICHMOND B.C.

**AGES:** 13-19  
SNACKS AND TRANSPORT PROVIDED

**DATES:** 8-WEEK SESSIONS  
WEDNESDAYS - APRIL-JUNE 2025

**CONTACT:**  
KELSEY EBERWEIN  
KEBERWEIN@TOUCHFAM.CA

**KELLY GAULT**  
KGAULT@TOUCHFAM.CA

**CALL:** 604.279.5599  
TOUCHSTONEFAMILY.CA

STARTING SOMETHING NEW CAN BE HARD, WE UNDERSTAND THIS, WE DO OUR BEST TO MAKE IT COMFORTABLE FOR OUR YOUTH

**fun fact** DOING HARD THINGS ACTUALLY INCREASES BRAIN MATTER AND IMPROVES SELF-ESTEEM.


## BREAKING BARRIERS

BREATHE  
ANCHOR  
RELAX  
RECONNECT


MINDFULNESS-BASED STRESS-REDUCTION FOR TEENS



# SCHOLARSHIPS CANADA



**Get instantly matched to scholarships**  
Sign up now – it's free!



GET MATCHED

[www.ScholarshipsCanada.com](http://www.ScholarshipsCanada.com)

[scholarshipscanada](#) [scholarshipscanada](#) [scholarshipscanada](#) [scholarshipscanada](#)


# Get on the road to higher education.

Sign up to get matched to schools and programs across Canada and around the world!



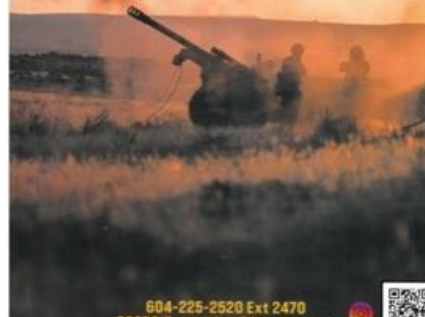

**SchoolFinder**  
[www.SchoolFinder.com](http://www.SchoolFinder.com)

[scholarshipscanada](#) [scholarshipscanada](#) [scholarshipscanada](#) [scholarshipscanada](#)



# UNLEASH YOUR POTENTIAL


## CANADIAN ARMY RESERVES



604-225-2520 Ext 2470  
39C66.Recruiting@forces.gc.ca

THIS IS FOR YOU

APPLY NOW AT [FORCES.CA](http://FORCES.CA)



Foundry Youth Peer Support Presents...

# Out & About



Participate in fun, outreach-based activities with queer + questioning peers in the community.

**Ages 12-24!**

**When**  
Wednesdays at 11:00  
July 2nd – August 6th

**Where**  
Meeting at Foundry:  
101-5811 Cooney Rd.

**Register**  
Send an email to [sandra@rassrichmond.ca](mailto:sandra@rassrichmond.ca) to receive registration forms and information!

Limited spots available as this is a closed group!




1/2

## Activity List:

**July 2 11:00am-3:00pm**  
**Vancouver Aquarium**

- Walking shoes
- A desire to learn about marine wildlife

**July 9 11:00am-2:00pm**  
**Laser Tag**

- Closed-toe, athletic shoes
- Clothing you can move in

**July 16 11:00am-3:00pm**  
**Bloedel + Picnic**

- Comfortable clothing and a hat
- Towels/Blankets/chair for sitting

2/2

## Activity List:

**July 23 11:00am-3:00pm**  
**Science World**

- Walking shoes
- Sense of wonder and ponderance

**July 30 11:00am-1:00pm**  
**Escape Room**

- Walking shoes
- Thinking cap

**August 6 11:00am-5:00pm**  
**Playland**

- Walking shoes
- Comfortable clothing and a hat



## FAQ's

**Who is in my group?**  
This is a closed group, meaning your group will have the same participants each week, allowing for consistency and connection.

**What do I bring?**  
Each week, there will be a list of items sent to you regarding what to expect, and what to bring for each group. If this is a barrier for you, please let us know!

**Do I have to pay?**  
No! Foundry will be covering all costs related to admissions, equipment, and any other necessary costs to participation.

**What will Foundry be providing?**  
Foundry will provide water, snacks, and sunscreen during each outing, and will provide a picnic-style lunch for the Bloedel Outing. If you choose to purchase food or drink other than provided, that is up to you!

**How will we get there?**  
We will be leaving from and returning to Foundry for each outing, and Foundry will providing all transportation. This may be a bus, or an Uber!



## FAQ's


**What staff will be there?**  
There will be 2 Youth Peer Support Workers, and 1 Clinician attending all events. At times, there may be additional clinicians/support staff!

**What if I have to/want to leave group early?**  
Everyone will be meeting at Foundry, and returning to Foundry after each group. If you are not feeling well, or want to stay longer, your emergency contact will be contacted.

**What do I do if I have a difficulty/crisis while at group?**  
Please let us know! We want to support you in the best way possible, therefore please communicate this to us!

**I am worried about someone finding out I am at this group. Will they be informed?**  
Only the individuals you discuss group attendance with will know. We will need parental consent for your participation in this group if you are under 19, though these forms will not have any 2SLGBTQIA+ information. Please let us know ASAP if this is a concern.

If you have further questions, please reach out at 604-618-9914, or [sandra@rassrichmond.ca](mailto:sandra@rassrichmond.ca)






While our team will do its best to remain consistent, there may be changes to outing order, duration, and location. If this occurs, we will ensure we let all attendees know as soon as possible to ensure group continues smoothly.

**~ The Foundry Richmond Team**



