



# BURNETT WAAG

## Family WAAG June 2, 2025 – June 6, 2025

Monday June 2 (ABCD)	Tuesday June 3 (BLT - ABCD)	Wednesday June 4 (ABCD)	Thursday June 5 (BLT - ABCD)	Friday June 6 (ABCD)																																																																																																						
<table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Recess</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table>	Block A	8:30	9:50	Block B	9:55	11:15	Recess	11:15	11:25	Block C	11:30	12:50	Lunch	12:50	1:35	Block D	1:40	3:00	<table><tr><td colspan="3">BLT Bell Schedule</td></tr><tr><td>BLT</td><td>8:30</td><td>9:25</td></tr><tr><td>Block A</td><td>9:30</td><td>10:35</td></tr><tr><td>Block B</td><td>10:40</td><td>11:45</td></tr><tr><td>Recess</td><td>11:45</td><td>11:55</td></tr><tr><td>Block C</td><td>12:00</td><td>1:05</td></tr><tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr><tr><td>Block D</td><td>1:55</td><td>3:00</td></tr></table>	BLT Bell Schedule			BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Recess</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table>	Block A	8:30	9:50	Block B	9:55	11:15	Recess	11:15	11:25	Block C	11:30	12:50	Lunch	12:50	1:35	Block D	1:40	3:00	<table><tr><td colspan="3">BLT Bell Schedule</td></tr><tr><td>BLT</td><td>8:30</td><td>9:25</td></tr><tr><td>Block A</td><td>9:30</td><td>10:35</td></tr><tr><td>Block B</td><td>10:40</td><td>11:45</td></tr><tr><td>Recess</td><td>11:45</td><td>11:55</td></tr><tr><td>Block C</td><td>12:00</td><td>1:05</td></tr><tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr><tr><td>Block D</td><td>1:55</td><td>3:00</td></tr></table> <p>Athletic Awards Banquet</p> <p>PAC Meeting @ 7PM</p>	BLT Bell Schedule			BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Recess</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table>	Block A	8:30	9:50	Block B	9:55	11:15	Recess	11:15	11:25	Block C	11:30	12:50	Lunch	12:50	1:35	Block D	1:40	3:00
Block A	8:30	9:50																																																																																																								
Block B	9:55	11:15																																																																																																								
Recess	11:15	11:25																																																																																																								
Block C	11:30	12:50																																																																																																								
Lunch	12:50	1:35																																																																																																								
Block D	1:40	3:00																																																																																																								
BLT Bell Schedule																																																																																																										
BLT	8:30	9:25																																																																																																								
Block A	9:30	10:35																																																																																																								
Block B	10:40	11:45																																																																																																								
Recess	11:45	11:55																																																																																																								
Block C	12:00	1:05																																																																																																								
Lunch	1:05	1:50																																																																																																								
Block D	1:55	3:00																																																																																																								
Block A	8:30	9:50																																																																																																								
Block B	9:55	11:15																																																																																																								
Recess	11:15	11:25																																																																																																								
Block C	11:30	12:50																																																																																																								
Lunch	12:50	1:35																																																																																																								
Block D	1:40	3:00																																																																																																								
BLT Bell Schedule																																																																																																										
BLT	8:30	9:25																																																																																																								
Block A	9:30	10:35																																																																																																								
Block B	10:40	11:45																																																																																																								
Recess	11:45	11:55																																																																																																								
Block C	12:00	1:05																																																																																																								
Lunch	1:05	1:50																																																																																																								
Block D	1:55	3:00																																																																																																								
Block A	8:30	9:50																																																																																																								
Block B	9:55	11:15																																																																																																								
Recess	11:15	11:25																																																																																																								
Block C	11:30	12:50																																																																																																								
Lunch	12:50	1:35																																																																																																								
Block D	1:40	3:00																																																																																																								
Bike to School Week																																																																																																										

### ATHLETICS

For information about Burnett Athletics and Teams, please see the link on our [website here](#).

### CAREER CENTRE – POST SECONDARY PLANNING

Check out our career centre website for upcoming student presentations and important information related to post-secondary planning! [Click here!](#)

### PAC

Families can contact Burnett's Parent Advisory Council at [jnbpac.general@gmail.com](mailto:jnbpac.general@gmail.com).

### School Counselling Services – Book an Appointment Online

You can now book an appointment with your school counsellor online! Click on the [Counselling Centre](#), and book your appointment. Please note, we no longer accept appointment requests via email.

### 2025-2026 KEY CALENDAR DATES

Please visit our website [HERE](#) to view key calendar dates for the 2025-2026 school year. More detailed bell schedules and calendar information will be shared prior to the start of the 2025 school year in September.

### VALEDICTORY CEREMONY TICKETS

All families attending Burnett's Valedictory Ceremony on June 26 at the UBC Chan Centre received an email with instructions for how to purchase tickets.

### Burnett Highlights this Week

\*The PE 10 Incentive class and their teacher, Mr. Morra, reached new heights as they held their annual Climb-a-Thon event at the Richmond Oval on May 29. Collectively, they surpassed their goal of climbing 1449m (the elevation of Mt. Seymour), summiting at 2280m! All the funds raised by these students will be donated to BC Children's Hospital. A big thank you to the Richmond Oval for their support in making this event a big success! Go Breakers!



\*Burnett Student – **Jocelyn Ly** has been selected by World Performers Canada Inc. to represent Canada at the Dance World Cup (Europe) in Spain this summer – Congratulations, Jocelyn!

\*PAC Sponsored Friday Afternoon Sizzle Event

\*Breaker Idol – Burnett has a lot of talent that was showcased at lunch on Thursday and Friday!

### DATES TO REMEMBER:

Jun 5 Athletic Awards Banquet  
Jun 5 PAC Meeting @ 7 PM  
Jun 13 Grad Dinner Dance  
Jun 18 Awards Celebration (Gr 8-12) 6:00-7:00pm  
Jun 19 Locker Clean Out  
Jun 20 Last Day of Semester 2  
Jun 23-26 Learning Completion Days  
Jun 24 Valedictory Rehearsal & Grad BBQ  
Jun 26 Valedictory Ceremony (UBC Chan Centre)  
Jun 26 Summary of Learning Reports Published in MyEd

### PHONE POLICY REMINDER

Please be reminded:

- Students should not use personal digital devices during instructional time, unless permission is granted by the supervising staff for educational purposes.
- When not permitted, personal digital devices should be powered off and secured inside a student's backpack, locker or secured location.
- [Policy 104-G \(A\): Acceptable Use of Personal Digital Devices](#)
- [Policy 105: District Code of Conduct](#)

### SUMMER LEARNING 2025

The Richmond School District offers fun and engaging summer learning programs where you can explore new interests, learn new skills, review or preview academic courses, or complete a full credit course. Registration has started. [Click here](#) for the Summer learning catalogue.

### ATHLETIC BANQUET

On June 5<sup>th</sup>, we will have an Athletic Banquet to recognize Burnett's student athletes. Families are encouraged to attend this special night to celebrate our student athletes.

### BIKE TO SCHOOL WEEK – JUN 2-6

Next week is Bike to School Week! We encourage all students to walk, bike, scooter, or skateboard to school to boost their health, save money, and help the planet. You will have a chance to win exciting prizes.

### STUDENTS VS. TEACHERS SCIENCE TRIVIA CHALLENGE!

Hey Breakers! Join us for the Students vs. Teachers Science Trivia Challenge on Wednesday, June 11 at lunch in the library, hosted by JNB Science Club and JNB Trivia. Team up with friends to show off your science smarts and compete for a \$50 gift card! [Sign up](#) by Friday, June 6 on Instagram @jnbscienceclub, or come cheer on your classmates and enjoy the fun!



# BURNETT WAG

## Safety and Traffic Guidelines

We encourage students to walk or bike to school – there are significant health benefits to doing. Walking would also help to ensure the safety of our students and reduce traffic congestion during busy times. If families insist on driving, we kindly ask everyone to follow these important guidelines:

- **Right Turn Only:** During peak hours (8:15–8:45 AM and 2:45–3:15 PM), please remember that only right turns are allowed when exiting the school at both the south and west exits onto Granville.
- **No Roadside Drop-offs:** For the safety of all, please avoid dropping off children at the side of the road or on the median on Granville and McCallan.
- **Pick Up in the Parking Lot:** Please pick up your children in the parking lot instead of the drop-off lane to keep the flow of traffic moving.
- **Avoid Double Parking**
- **Encourage Walking or Biking:** If possible, encourage your children to walk or bike to school. It's a great way to promote independence and stay active.
- **Drop Off a Few Blocks Away:** Consider dropping your children off a short distance from the school to help ease parking lot congestion.
- **Leave a Few Minutes Early:** Giving yourself a little extra time can help you avoid the rush and make the drop-off process smoother.

We appreciate your support in helping us create a safe and efficient environment for all our students and families. Thank you for your cooperation!

## Burnett Learning Time (BLT)

Burnett Learning Time (BLT) will provide opportunities for students to deeply engage with and manage their learning. Teachers clearly communicate *which staff* and *which learning spaces* are available for BLT on Tuesday and Thursday morning in their classes and on our *EASY Weekly Planner*. *Students use their student number as both username and password to login.* Learning spaces will include teacher's classrooms and large common spaces like the multi-purpose area, center court, the library learning commons, and some of our fitness areas. **Each space will have a capacity limit.** It is important for students to book their learning space requests in advance on the weekly planner website. **To sign-up students can go to [burnett.myweeklyplanner.net](https://burnett.myweeklyplanner.net) and select their BLT session or sessions. Sign up is now open.**

## Guiding Principles for Burnett Learning Time

- BLT is Self-Directed, Self-Managed, and Self-Regulated
- BLT Enhances Curricular and Core Competency Development
- BLT Builds on Individual Passions
- BLT supports Self-Care, Self-Awareness, Physical/Mental Health

## Possible options for students during Burnett Learning Time:

- complete homework, reading, journaling, reflecting
  - work on projects with classmates, receive learning support in the learning centre, get extra support, from staff
  - community service, work experience, and clubs
- improve both physical and mental health receive counselling support



## SCHOOL COUNSELLING SERVICES

YOU TALK, WE LISTEN AND GUIDE YOU.

### WHAT WE OFFER:

- EMOTIONAL SUPPORT
- ACADEMIC SUPPORT
- PSYCOEDUCATION
- PROGRAM PLANNING
- SCHOLARSHIP INFORMATION

MAKE AN APPOINTMENT TODAY!



[HTTPS://TINYURL.COM/JNBCOUNSELLING](https://tinyurl.com/jnbcounselling)



KWANTLEN  
POLYTECHNIC  
UNIVERSITY

## DEADLINE ALERT



STILL ACCEPTING APPLICATIONS  
FOR FALL 2025!

APPLICATION DEADLINE- JULY 1ST

Need help or want more information?

- 📅 Book a Virtual/Phone Appointment
- 👤 Come to a Drop-In Session

» [study@kpu.ca](mailto:study@kpu.ca)  
» 604 599 3030





## Community News and Resource



# We're hiring!

Applications are currently being accepted for Summer Leader positions. Summer Leaders instruct and assist program activities on a day to day basis. Scan the QR code to learn more! Visit [richmond.ca/associationscareers](http://richmond.ca/associationscareers) for the most up to date information.

Richmond Associations are partnering with Canada Summer Jobs to provide valuable youth employment experiences.




# JUMPSTART JUNE: RICHMOND HIRING EVENT 2025

In partnership with: 

**EVENT DETAILS:**

- Date:** June 4, 2025 (Wednesday)
- Time:** 12 pm to 4 pm
- Venue:** City Centre Community Centre
- Address:** 5900 Minoru Boulevard, Richmond
- Event Page:** [june-rhe2025.eventbrite.ca](https://june-rhe2025.eventbrite.ca)

**REGISTER NOW:**



WorkBC Centre Richmond 778-732-1529 [info@successwbc.ca](mailto:info@successwbc.ca)

Canada  The province is led by the Government of Canada and the Province of British Columbia.



**KPU** Faculty of Trades and Technology

# TRADES SAMPLER CAMP

## EXPLORE, CREATE, LEARN

Join us for a fun-filled experience at KPU's Trade Sampler Camp! Young learners will discover various trades while developing skills in hands-on activities. This camp is designed to inspire creativity and encourage teamwork. Sign up now and let your child explore their interests while having a blast!

**Location:** KPU Tech campus, Cloverdale

**Age Group:** 10 to 14 years old

**Dates:** June 30 to July 4

**Times:** 8:30 AM to 3:00 PM daily

**Trades Explored:** Automotive, Electrical, Plumbing, Millwright/Industrial Mechanic

**Activities:** Hands-on projects

**Cost:** \$400 (lunch not included)

**Registration:**




# ATTENTION ALL YOUTH!

**Deadline:** June 1, 2025

Show us what the City of Richmond means to you through art!

How would you use art to represent Richmond's unique values, spirit and identity?

Have your artwork featured on the cover of (or inside) Richmond's Official Community Plan to 2050.

Get creative and be part of shaping Richmond's future!



For more information on how to participate visit [Let'sTalkRichmond.ca/OCYPYouthArtContest](http://Let'sTalkRichmond.ca/OCYPYouthArtContest)



# POSTER CONTEST!

## YOUR VOICE, YOUR VISION - A SAFER FUTURE

Use your poster to express:

- Your vision of a safe and supportive community
- Positive choices and alternatives to violence
- Messages of empowerment, unity, and resilience

Open to youth in Richmond (13 - 24 years old)

**Deadline:** June 20, 2025

**Prizes** for selected entries

**Deadline to submit:** June 20, 2025 at 10:00pm

Let your art be the change.

Submit your poster and show Richmond what a safer future looks like through your eyes!

If you have any questions, assistance, or accommodations for this project please contact the staff at the Richmond Youth Media Lab (RYML) program or email them at [ryml@richmond.ca](mailto:ryml@richmond.ca). Selected artists will be contacted directly.

**Submission Requirements:** Please email your submission to [media@richmond.ca](mailto:media@richmond.ca) or scan the QR code below.



Scan for more information or to apply



# YOU ARE NOT ALONE

More than 1 in 4 children and youth in Canada have experienced sexual abuse

## Sexual Abuse Intervention Program

We're here to support survivors ages 3 to 18. Get help now or learn more at [fsgv.ca/SAIP](http://fsgv.ca/SAIP)



**FAMILY SERVICES** of Greater Vancouver



**RICHMOND INTERNATIONAL EDUCATION** EXCELLENCE GLOBAL WINDS

# VOLUNTEER NEEDED

Do you want to gain more volunteer hours in the summer?

**Volunteer at Richmond International Education Summer Camp 2025!**

- Jul 7 - Aug 15, 2025
- Volunteer for 1 Week or More

For more information, please see Mrs. Collins



# VOLUNTEERS NEEDED FOR THE STEVESTON SALMON FESTIVAL

## It's about COMMUNITY

**Tuesday, July 1st 2025**  
11:00 AM - 5:00 PM

**OPPORTUNITIES AVAILABLE ALL DAY**

To sign up, visit [www.icanhelp.richmond.ca](http://www.icanhelp.richmond.ca)




**Touchstone Family Association**  
Strengthening Family • Building Community

# RESET 2025

## SUMMER RECREATION PROGRAM

210-3031 VIKING WAY

THE REC PROGRAM IS DESIGNED TO SUPPORT YOUTH THROUGHOUT THE SUMMER. THIS PROGRAM IS FOR YOUTH AGES 13 - 18 YEARS

**REGISTRATION/ORIENTATION** JUNE 24<sup>TH</sup> & 26<sup>TH</sup>  
ANYTIME BETWEEN 2PM - 6PM (DOWNSTAIRS ENTRANCE #108)

**PROGRAM STARTS** JULY 2<sup>TH</sup>  
MONDAY THROUGH THURSDAY IN JULY AND AUGUST  
USUALLY 10:00AM-4:30PM  
(THERE MAY BE SOME EVENING EVENTS)

- RELATIONSHIP-BASED PHILOSOPHY
- EXPERIENTIAL ACTIVITIES
- SWIMMING, WATERSPORTS, BEACH BBQ'S, PAINTBALL, WATERSLIDES, MOVIES, HIKES, AND MUCH MORE

FOR MORE INFORMATION OR TO REGISTER PLEASE CONTACT

**BARRY GILL - YOUTH COUNSELLOR**  
604.649.0564 [BGILL@TOUCHSTAMFAM.CA](mailto:BGILL@TOUCHSTAMFAM.CA)



## 風雨同路華語家長互助小組 CHINESE PARENTS SUPPORT GROUP



**ZOOM**  
**10:00 A.M. - 11:30 A.M.**

歡迎6-19歲青少年子女家長參加 學習及交流養育子女的心得

每第2個及第4個星期三 (2024年9月至2025年6月) 普通話 費用全免  
家庭及青少年輔導部: CAROL SIU | 604-353-2832 | CAROL.SIU@S.U.C.C.E.S.S.BC.CA



## FAMILY AND COMMUNITY SERVICES – GROUP PROGRAM Chinese Parent Support Group 風雨同路家長互助小組 2024 – 2025 GROUP ACTIVITIES SCHEDULE 活動計劃

DATE	ACTIVITIES
September 11	Welcome back orientation 歡迎歸隊 – 活動計劃介紹
September 25	Understand puberty 理解孩子的青春期
October 9	What's the difference between parents' generation and children's one? 理解家長和孩子的隔代差異
October 23	How to understand the relationship between children and games? 如何理解孩子和遊戲的關係?
November 6	How to improve children's social skills? 如何提高孩子的社交技巧
November 20	How to increase children's self-confidence? 如何提高孩子的自信心
December 4	How to improve children's resilience? 如何提高孩子的承受挫折的能力
January 8	How to handle children's puppy love? 如何回應孩子的早戀
January 22	How to guide children to identify the quality of a relationship? 如何教導孩子分辨關係品質
February 5	How to address conflicts between parents and children? 如何處理家長和孩子之間的矛盾
February 19	How to manage anxiety as a parent? 父母該如何管理自己的焦慮
March 5	How to support children when they are bullied at school? 如何支持校園欺凌
March 19	How to help children to handle cyber-bully? 如何幫助孩子應對網絡暴力
April 2	Anger management for parents. 家長的憤怒管理
April 16	How to handle children's anger? 如何應對孩子的憤怒
May 7	How to praise and encourage children? 如何表揚和鼓勵孩子
May 21	How to make children be more willing to listen to you? 如何讓孩子更願意聽你的話?
June 4	How to do when you have different parenting opinions with your partner? 當你和你的配偶有不同的育兒意見時該怎麼辦?
June 18	Year End Gathering 年終聚會

- 你是否曾經想過:
- ◆ 為什麼我們不斷提醒孩子, 他們還是不主動做事?
  - ◆ 如何教孩子對事情有熱情、有承擔, 不只是在壓力下完成任務?

本月初會主題是《東西教養觀下, 如何激發孩子的內在動力與責任感》, 我們將探討「內在動力」與「責任感」的心理發展歷程, 並從東西方教養觀的差異中, 找出融合與轉化的教養策略, 幫助孩子建立真正的自我動機與價值感。

這串講座將帶您探索:

1. 為什麼獎勵和罰則常常無法真正激發動力?
2. 自我決定理論與成長型思維: 動力從何而來?
3. 如何隨年齡階段逐步幫助孩子發展責任感?
4. 實用教養技巧: 在家中如何落實內在動力的培養?

**主題:《東西教養觀下, 如何激發孩子的內在動力與責任感》**

**日期: 6月4日 (週三)**

**時間: 上午 10:00**

**平台: ZOOM (報名後提供連結)**

**線上報名:** <https://www.success.ca/zoom> (如您早已報名參加此小組, 您將在聚會前幾天收到 ZOOM 連結)

**語言:** 普通話

**主持人:** Carol (註冊臨床輔導員)

無論您的孩子是小學還是青少年, 這串講座都將提供具體實用的教養與陪伴技巧, 誠摯邀請您一同參與, 也歡迎轉發給關心親子關係的朋友!

Hello! Have you ever wondered:

◆ Why do my children still not take initiative, even though I keep reminding them?

◆ How can I teach my children to be passionate and responsible, rather than just completing tasks under pressure?

This month's gathering topic is "Fostering Inner Drive and Responsibility in Children: A Cross-Cultural Parenting Approach." We will explore the psychological development of intrinsic motivation and responsibility, and identify practical parenting strategies by integrating Eastern and Western cultural perspectives. Our goal is to help children develop genuine self-motivation and a strong sense of value.

In this seminar, you will discover:

1. Why rewards and punishments often fail to truly inspire motivation.
2. The self-determination theory and growth mindset: where does motivation come from?
3. How to gradually help children develop responsibility at different stages of their growth.
4. Practical parenting tips: how to nurture intrinsic motivation at home.

**Topic: Fostering Inner Drive and Responsibility in Children: A Cross-Cultural Parenting Approach**

**Date: Wednesday, June 4**

**Time: 10:00 AM**

**Platform: ZOOM (link provided upon registration)**

**Registration link:** <https://www.success.ca/zoom>

**Language: Mandarin**

**Speaker: Carol (Registered Clinical Counselor)**

## Rise and Shine

MINERVA

Tools for Mental and Emotional Wellness

### SUMMER 2025 APPLICATIONS OPEN!

Rise and Shine is a wellness program for girls and gender diverse youth ages 15–24. This program contains 7 workshops designed to help youth develop essential skills to nurture their mental and emotional health and walk away with valuable and practical tools for navigating their resilience and building their confidence.

Rise and Shine will take place via Zoom over 7 sessions from 10–11:30am PT:

- August 11th: Welcome and Opening Circle
- August 12th: Self-Awareness and Thinking Traps
- August 13th: Boundary Setting
- August 14th: Self-Compassion
- August 19th: Stress and Anxiety
- August 20th: Sadness and Depression
- August 21st: Self-Care

Applications close August, 7th.  
Join us and apply today!

SCAN HERE  
TO REGISTER



Apply for the  
**Young Women  
in Public Safety**  
student employment  
opportunity

Posez votre candidature  
au programme

**Jeunes femmes  
en sécurité publique**  
pour une possibilité  
d'emploi étudiant



For more information: [canada.ca/gcjobse](https://canada.ca/gcjobse)  
or contact [ywps-jfp@ps-sp.gc.ca](mailto:ywps-jfp@ps-sp.gc.ca)

Government of Canada  
Gouvernement du Canada

Canada

## Breaking BARRIERS

Do you often feel stressed, anxious,  
angry, or overwhelmed?

Breaking BARRIERS is a mindfulness-based stress reduction group for teens.

Each week, members learn more about stress (e.g., its impact on our thoughts, emotions and behaviors) and add new skills and strategies to their stress-management toolkit (e.g., coping with stress and fostering calmness in everyday life).

What type of skills and strategies will you learn?

You'll learn an abundance of techniques that you can use in all areas of life, such as grounding exercises, guided mindfulness practices, visualizations, emotional regulation and self-care.

Date, Time, Location

Dates: April 2025 - Specific dates TBD.

Length: 8 weekly sessions

Time: 4:00pm-6:00pm

Location: Touchstone Family Association  
3031 Viking Way, Suite 210, Richmond

TO REGISTER, PLEASE CONTACT:

Kelsey Eberwein  
[keberwein@touchfam.ca](mailto:keberwein@touchfam.ca)  
604-313-1372

Kelly Gault  
[kgault@touchfam.ca](mailto:kgault@touchfam.ca)  
604-207-5024



**LOCATION:**  
TOUCHSTONE FAMILY  
ASSOCIATION  
3031 VIKING WAY, RICHMOND B.C.

**AGES:** 13-19  
SNACKS AND TRANSPORT  
PROVIDED

**DATES:** 8-WEEK SESSIONS  
WEDNESDAYS - APRIL-JUNE 2025

**CONTACT:**  
KELSEY EBERWEIN  
[KEBERWEIN@TOUCHFAM.CA](mailto:KEBERWEIN@TOUCHFAM.CA)

KELLY GAULT  
[KGALT@TOUCHFAM.CA](mailto:KGALT@TOUCHFAM.CA)

CALL: 604.279.5599  
TOUCHSTONEFAMILY.CA

## THE POWER OF GROUP



STARTING SOMETHING NEW CAN  
BE HARD, WE UNDERSTAND THIS,  
WE DO OUR BEST TO MAKE IT  
COMFORTABLE FOR OUR YOUTH

fun fact: DOING HARD THINGS  
ACTUALLY INCREASES BRAIN  
MATTER AND IMPROVES SELF-  
ESTEEM.



BREAKING


BARRIERS

BREATHE  
ANCHOR  
RELAX  
RECONNECT


MINDFULNESS-BASED STRESS-REDUCTION FOR TEENS



# SCHOLARSHIPS CANADA



**Get instantly matched to scholarships**  
Sign up now – it's free!



GET MATCHED

[www.ScholarshipsCanada.com](http://www.ScholarshipsCanada.com)

[@scholarshipscanada](#)
[scholarshipscanada](#)
[scholarshipscanada](#)
[scholarshipsca](#)


# Get on the road to higher education.

Sign up to get matched to schools and programs across Canada and around the world!



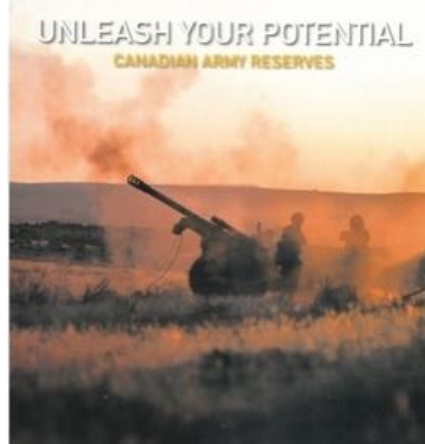

**SchoolFinder**  
[www.SchoolFinder.com](http://www.SchoolFinder.com)

[@scholarshipscanada](#)
[scholarshipscanada](#)
[scholarshipscanada](#)
[scholarshipsca](#)




# UNLEASH YOUR POTENTIAL

## CANADIAN ARMY RESERVES



604-225-2520 Ext 2470  
39C86.Recruiting@forces.gc.ca



THIS IS FOR YOU APPLY NOW AT FORCES.CA




## Community Leadership Initiative (CLI)

Are you passionate about making a difference in your community?  
Receive a **microgrant** to pioneer a community engagement project!

For more information:  
[www.successbc.ca/cli](http://www.successbc.ca/cli)  
CLI@success.bc.ca | 236-880-8428

**SCAN TO REGISTER**

Workshops | Field Trips | Trainings | Hands-on Experience

Empowering youth to make a difference in their community through leadership & civic engagement

Eligibility criteria:

- Ages 15-30 (inclusive)
- Canadian citizen, permanent resident, or government-assisted refugee
- A passion for creating inclusivity in your community



FUNDED BY CANADA SERVICE CORPS | Canada



## BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

[study@sd38.bc.ca](mailto:study@sd38.bc.ca) 604-668-6217



**RICHMOND**  
INTERNATIONAL EDUCATION  
ENRICHING GLOBAL MINDS