



BURNETT W A A G

May 27 – May 31, 2024

Monday May 27 (ABCD)	Tuesday May 28 (BLT – ABCD) BLT Bell Schedule	Wednesday May 29 (ABCD)	Thursday May 30 (BLT – ABCD) BLT Bell Schedule	Friday May 31 (ABCD)																																																
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> <p style="text-align: center;">District Indigenous Achievement Ceremony</p>	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<p>Health and Safety Meeting @Lunch</p> <p>Grade 7 Volleyball Tournament (3pm to 7pm)</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> <p style="text-align: center;">Breaker Idol Performances/Competition @lunch (Large Gym)</p>	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<p>Breaker Idol Performances/Competition @lunch (Large Gym)</p>
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Listening, Learning, and Leading
Every student, every day, whatever it takes!
Remember, you've been criticizing yourself for years, and it hasn't worked. Try approving of yourself and see what happens.
Louise L. Hay

We all stumble and fall, and experience setbacks in life. Our students are no different. In fact, they may stumble and fall more often because they are constantly being assessed at school and at home as they develop and grow. It is common for students to respond to their setbacks by either becoming defensive and blaming others, or more commonly and unfortunately, blaming themselves. Blaming others, such as teachers and classmates, alleviates responsibility, but it comes at the expense of learning. Blaming oneself, on the other hand, may feel warranted in the moment, but it can lead to an inaccurately harsh assessment of one's potential, which undermines personal development, self-esteem, and motivation.

What if, instead, we were to encourage students to treat themselves as they would treat a friend in a similar situation when they fail? More likely than not, they would be kind, understanding, and encouraging. That type of response internally, toward one-self, is self-compassion. This response encourages new learning. Research indicates that self-compassion is a useful tool for enhancing performance in a variety of settings, from classrooms to athletic fields.

Self-compassion leads to personal growth. People with high levels of self-compassion demonstrate three behaviors: first, they are kind rather than judgmental about their own failures and mistakes; second, they recognize that failures are a shared human experience; and third, they take a balanced approach to negative emotions when they stumble or fall short—they allow themselves to feel bad, but they don't let negative emotions take over and stop the learning process.

Encouraging self-compassion does not mean we are encouraging students to convince themselves that they are better than they are, but rather helping them avoid defeatism - thinking they're worse than they are. Self-compassion is an effective intervention for students suffering from negative self-views as well as those who give up too easily. **Championing Students and Their Learning**

Awards Ceremony On June 19th, we will have an Awards Ceremony in the Gym during the school day for grades 8-11. Grade 12 students will receive their awards at the valedictory ceremony.

DATES TO REMEMBER:

- May 28 District Indigenous Achievement Ceremony
- May 28 Tech Services here for MFA set up (8:30 – 9:30)
- May 29 Health & Safety Meeting @ Lunch
- May 30 Inquiry Grant Celebration @ MacNeill 3:30pm
- May 30-31 Breaker Idol Performances/Competition (Large Gym)
- June 3 Staff Meeting @3:10pm
- June 4 SBT Meeting @ Lunch
- June 5 Safety Drill @ 11:05am
- June 6 Athletic Banquet @ 6pm
- June 10 Ed. Facilitators Meeting (Teams) @ Lunch
- June 12 Music Concerts
- June 14 Prom (Grad Dinner/Dance)
- June 14 Dry Grad
- June 17 SBT Meeting at Lunch
- June 17 Suggested Marks/Evaluation cut-off
- June 19 Awards Ceremony (Gym)
- June 19 SCC Meeting
- June 21 Last day of classes Semester 2
- June 24 School Carnival
- June 24 Marks/Evaluation & Comments due in MyEd BC
- June 24-26 Learning Completion Day
- June 25 Valedictory Rehearsal & Grad BBQ
- June 27 Valedictory Ceremony @ 7pm (UBC Chan Centre)
- June 27 Final Summary of Learning Reports published to MyEd BC
- June 28 Admin Day (Last day for teachers)

District Indigenous Achievement Ceremony
 The Indigenous Achievement Ceremony on May 28th is a yearly event that honours Indigenous students graduating from Grade 12 and Grade 7 students transitioning to High School. The year-end celebration highlights the significance of life-long learning and the students continued success in education.

Grade 12 Graduation Timeline

Red Carpet at Burnett (Gym) all family and friends are welcome	June 14 @ 4pm
Prom (Dinner and Dance) at Vancouver Convention Centre	June 14 @ 6pm
Dry Grad Celebration at Burnett	June 14 @ 11:30pm
Selection of Valedictory Speakers	June 2024
Rehearsal and Grad BBQ	June 25 th
Valedictory Ceremony at UBC @ 7pm	June 27 th

Preparing for Semester End
 In preparation for the end of Semester 2, we encourage parents to sit down with their students to review their learning and reflect on their goals, what they had hoped to accomplish. Students are encouraged to gain an understanding of their progress, reflect, and set goals for future learning.

Athletic Banquet. On June 6th, we will also have an Athletics Banquet to recognize Burnett's student athletes. Families are encouraged to attend this special night to celebrate our student athletes.