



BURNETT W.A.A.G

March 4 – March 8, 2024

Monday March 4 (ABCD)	Tuesday March 5 (BLT – ABCD) BLT Bell Schedule	Wednesday March 6 (ABCD)	Thursday March 7 (BLT – ABCD) BLT Bell Schedule	Friday March 8 (ABCD)																																																
<p>Learning Updates Due @ 8:30am (Main Office)</p> <p>Lockdown Safety Drill During Lunch @12:45pm</p> <p>Staff Meeting @ 3:10pm (Library)</p> <p>First Responder Safety Supplies Fundraiser School Cashionline to purchase (March 4 to April 12)</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> <p style="text-align: center;">SBT Meeting @ Lunch (D128)</p>	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<p style="text-align: center;">Semester 2 Learning Updates Emailed Home</p> <p style="text-align: center;">Pro D Committee Meeting @ lunch (D129)</p> <p style="text-align: center;">PT Conference Meeting Grade 7 Basketball Tournament 3pm to 6pm</p> <p style="text-align: center;">Breaker Classic Grade 7 Basketball Tournament 3pm to 6pm</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> <p style="text-align: center;">Breaker Classic Grade 7 Basketball Tournament 3pm to 6pm</p>	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	<p style="text-align: center;">Department Lunch Hosted by HE, FA, BE</p> <p style="text-align: center;">Grad Ski and Snowboard Day trip Leave at 12:50pm</p> <p style="text-align: center;">Dry Grad Tickets on Sale over 100 tickets already sold</p> <p style="text-align: center;">First Responder Safety Supplies Fundraiser School Cashionline to purchase (March 4 to April 12)</p>
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Listening, Learning, and Leading
Every student, every day, whatever it takes!

The learning process can be stressful, for both educators and students. It is important to remember that our body’s “stress response” should be short. Long periods of time in a “stress response,” is not healthy. Research tells us that a stress response is supposed to be short-lived because it wears down our bodies, our health, and our energy. When we come out of the “stress response” in a timely fashion, the parasympathetic nervous system starts working to replenish our mind, body, and spirit.

When we don’t come out of the “stress response”, it impacts our emotional intelligence and decision making. When we are stressed, we are more likely to react to situations than to respond with reason. We also perceive the world differently. Stress makes us narrowly focused, preventing us from seeing the bigger picture. When we are calmer, our attention becomes broader. In fact, we literally see more things and are better learners and teachers.

Many of you know, that the body’s “stress response” is vital for survival. Cultivating a calmer, more restful, relaxed state of mind doesn’t mean that we’ll drown under all our responsibilities or won’t survive after coming out of the “stress response.” Instead, research suggests a more relaxed mind will bring us greater attention, energy, and creativity to tackle life’s problems. Cultivating calm isn’t about avoiding every kind of stressful emotion. In fact, when we make time to breathe, connect, and care, some of the negative feelings we’ve been running from might catch up with us. That’s the time for self-compassion; it’s okay to feel bad. Resilience doesn’t mean that we’ll be happy all the time, but it does mean we have the energy, the mindset, and the support from others to help weather the storm.

Championing Students and Their Learning

Communicating Student Learning
Semester 2 student progress will be communicated with parents on March 6th. For each subject, all students will be given an Learning Update Report. These progress reports will include information about the learning progress to date and feedback that will aid in improving a student’s performance, as well as comments about a student’s work habits and engagement.

Parent Teacher Conference Sign-up Instructions
Sign up for Parent-Teachers conferences opens on March 6th and closes on April 2. Meeting links will be published by each teacher through the school appointments schedule or emailed home. Please visit burnett.schoolappointments.com to create an account.

DATES TO REMEMBER:

Mar 4	Learning Update Reports due to Office
Mar 4	Staff Meeting @3:10pm (Library)
Mar 5	SBT @lunch
Mar 6	Interim Reports emailed home
Mar 6-7	Breaker Classic -Grade 7 Basketball Tournament
Mar 13	Jazz Festival
Mar 14	Last day of School before Spring Break
Mar 29	Good Friday (School Closed)
Apr 1	Easter Monday (School Closed)
Apr 2	School Reopens: First day of School after Spring Break
Apr 2	SBT @ Lunch
Apr 3	Parent Teacher Conferences (Virtual only: 2pm to 4pm)
Apr 4	Parent Teacher Conferences (In-person only: 2pm to 4pm & 6 to 8pm)
Apr 4	PAC Meeting @7pm / Dry Grad 6pm (Library)
Apr 5	Grade 9/10 Immunizations
Apr 5	Grade 12 Capstone Projects due
Apr 8	Staff Meeting @ 3pm
Apr 8	Grade 12 Scholarship Applications due
Apr 9	Staff Collaboration Day
Apr 15	Ed. Facilitators @Lunch
Apr 16	GLA 10 Assessment (8:30 – 11:30am)
Apr 16	SBT @ Lunch
Apr 17	All report card marks posted to MyEd BC by 8:30am
Apr 17	SCC Meeting @ Lunch
Apr 18	GLA 10 Assessment (8:30 – 11:30am)
Apr 19	Pro-D Day (School Closed to Students)
Apr 22	Semester 2 Midterm Learning Reports published
Apr 22	EQ & Evacuation Drill @ 2:50pm
Apr 23	SBT Meeting @ Lunch
Apr 25-27	Band Field Trip: Whistler
May 3	Conference Day
May 3	Grad Boat Cruise
May 6	Staff Meeting @3pm (Library)
May 7	SBT Meeting @ Lunch
May 9	PAC Meeting @ 7pm (Library and Teams) Dry Grad 6pm
May 10	Grade 8 Field Trip – (all day)
May 13	Evacuation Drill @ 9:40am
May 13	Ed. Facilitators Meeting (Teams) @ Lunch
May 14	Staff Collaboration Day
May 15	SCC Meeting @ Lunch
May 17	Pro-D Day (School Closed to Students)
May 20	Victoria Day (School Closed)
May 21	SBT Meeting @ Lunch

Learning Update Reports Timeline

February 27-29	Teachers prepare Learning Updates
March 4	Learning Update Files due by 8:30am
March 5	Admin & Counsellors review Learning Update Reports
March 6	Learning Update Reports emailed home @ 2:00pm
March 6-April 2	Sign-up for PT Conferences
April 3 & 4	Parent Conferences 2-4pm & 6-8pm (4 th only)

Parent Teacher Phone/Virtual Conferences
Conferences will be held on April 3rd and 4th. All conferences on April 3rd will be VIRTUAL, while conferences on April 4th will be IN-PERSON. All teachers will be on site at Burnett during both dates. Parents will be able to sign up beginning on March 6th, after Semester 2 Learning Updates are emailed home. We will once again be using our online sign-up site. Students are welcome to join parents during the Parent Teacher Conference, if they like.