

# March 11 – March 15, 2024



# BURNETT WAAAG

## Monday March 11

(ABCD)  
  
Ed Fac. Meeting  
@Lunch  
(Library Lab)  
  
First Responder  
Safety Supplies  
Fundraiser  
School Cashionline  
to purchase  
(March 4 to April 12)

## Tuesday March 12

(Collab Time - ABCD)

### Collab Bell Schedule

Warning	8:25	
BLT	8:30	9:25
Block A	9:30	10:35
Block B	10:40	11:45
Recess	11:45	11:55
Block C	12:00	1:05
Lunch	1:05	1:50
Block D	1:55	3:00

## Wednesday March 13

SCC Meeting  
@ lunch (D213)

BCEHS – Paramedic  
Presentation  
@ lunch (Library)

School Dance 5pm to 7pm  
(Multi-purpose) Free entry  
but students **must sign-up**  
to participate:  
<https://forms.gle/iCUtSEu8V6BKZtY6>

Cancer Association Club  
Bubble Tea Sale @ Lunch

## Thursday March 14

(BLT – ABCD)  
Last day before Spring Break  
BLT Bell Schedule

Warning	8:25	
BLT	8:30	9:25
Block A	9:30	10:35
Block B	10:40	11:45
Recess	11:45	11:55
Block C	12:00	1:05
Lunch	1:05	1:50
Block D	1:55	3:00

Locker Clean-Up @12:50pm

Soup Day (All Staff)  
@Lunch (Staffroom)

Europe Trip Departs

## Friday March 15

Spring Break  
(School Closed)

Turn Off/Unplug  
All Electronics  
before Spring Break

**Reminder**  
School Re-opens  
after Spring Break  
on Tuesday,  
April 2, 2024

**Listening, Learning, and Leading**  
Every student, every day, whatever it takes!  
Spring Break starts on Friday, and the excitement is palpable among students and teachers alike. Spring Break, like all breaks, big or small, is vital to the learning process. Down time or breaks prepare our minds and bodies for learning. Without them, we stagnate and plateau.

For many of us at Burnett, being productive means spending countless hours engaged in the learning process, working hard at school and afterwards. Students are encouraged by people who love and care for them to be hard working, disciplined and dedicated to their learning. When school is out for the day, or for winter/spring/summer break, it is filled with other activities. The cost of being always-on and doing something is high – it leads to burnout, anxiety, and an overall sense of unwellness. In many cases, “over-working” or working without a break has the opposite effect; it does not lead to success. Instead, it leads to lack of engagement and often learning plateaus.

We hear stories of students “routinely” waking up early and staying up late, working on lessons, assignments, and preparing for assessments. They do this to tackle an ever-increasing workload, many choosing to grind through, sometimes skipping meals, or skipping time with friends and family so that they can get everything done and they can be their best.

To be hard working and dedicated is good. However, it can be counterproductive not only to our overall health and well-being, but also to our performance. Don’t get me wrong, we know how important it is to be responsible and to take care of our responsibilities so that we can accomplish our goals.

If you are looking to improve and be successful at school and beyond, take time to relax, recharge your body and mind. Research shows that taking purposeful breaks, anywhere between 5–60 minutes from studying, to refresh your brain and body, increases your energy, productivity, and ability to focus. Taking days and weeks away from studying has the same effect; it helps increase focus, productivity, and most importantly, reduce stress.

If you want to finish the school year strong and be your best, put away your studies during Spring Break. Give your body and mind a break, spend time with friends and family, sleep in, laugh, go for a hike in the mountains and do things that you love with people you love. Happy Spring Break everyone! *Championing Students and Their Learning*

### DATES TO REMEMBER:

Mar 13	Jazz Festival
Mar 14	Last day of School before Spring Break
Mar 29	Good Friday (School Closed)
Apr 1	Easter Monday (School Closed)
Apr 2	School Reopens: First day of School after Spring Break
Apr 2	SBT @ Lunch
Apr 3	Parent Teacher Conferences (Virtual only: 2pm to 4pm)
Apr 4	Parent Teacher Conferences (In-person only: 2pm to 4pm & 6 to 8pm)
Apr 4	PAC Meeting @7pm / Dry Grad 6pm (Library)
Apr 5	Grade 9/10 Immunizations
Apr 5	Grade 12 Capstone Projects due
Apr 8	Staff Meeting @ 3pm
Apr 8	Grade 12 Scholarship Applications due
Apr 9	Staff Collaboration Day
Apr 15	Ed. Facilitators @Lunch
Apr 16	GLA 10 Assessment (8:30 – 11:30am)
Apr 16	SBT @ Lunch
Apr 17	All report card marks posted to MyEd BC by 8:30am
Apr 17	SCC Meeting @ Lunch
Apr 18	GLA 10 Assessment (8:30 – 11:30am)
Apr 19	Pro-D Day (School Closed to Students)
Apr 22	Semester 2 Midterm Learning Reports published
Apr 22	EQ & Evacuation Drill @ 2:50pm
Apr 23	SBT Meeting @ Lunch
Apr 24	Health & Safety Meeting @ Lunch
Apr 25-27	Band Field Trip: Whistler
May 3	Conference Day
May 3	Grad Boat Cruise
May 6	Staff Meeting @3pm (Library)
May 7	SBT Meeting @ Lunch
May 9	PAC Meeting @ 7pm (Library and <a href="#">Teams</a> ) Dry Grad 6pm
May 10	Grade 8 Field Trip – (all day)
May 13	Evacuation Drill @ 9:40am
May 13	Ed. Facilitators Meeting (Teams) @ Lunch
May 14	Staff Collaboration Day
May 15	SCC Meeting @ Lunch
May 17	Pro-D Day (School Closed to Students)
May 20	Victoria Day (School Closed)
May 21	SBT Meeting @ Lunch

### Learning Update Reports Timeline

March 6	Learning Update Reports emailed home @ 2:00pm
March 6-April 2	Sign-up for PT Conferences
April 3 & 4	Parent Conferences 2-4pm & 6-8pm (4 <sup>th</sup> only)

### Parent Teacher Conference Sign-up Instructions

Sign up for Parent-Teachers conferences opens on March 6<sup>th</sup> and closes on April 2. Meeting links will be published by each teacher through the school appointments schedule or emailed home. Please visit [burnett.schoolappointments.com](http://burnett.schoolappointments.com) to create an account.

### Parent Teacher Phone/Virtual Conferences

Conferences will be held on April 3<sup>rd</sup> and 4<sup>th</sup>. All conferences on April 3<sup>rd</sup> will be VIRTUAL, while conferences on April 4<sup>th</sup> will be IN-PERSON. All teachers will be on site at Burnett during both dates. Parents will be able to sign up beginning on March 6<sup>th</sup>, after Semester 2 Learning Updates are emailed home. We will once again be using our online sign-up site. Students are welcome to join parents during the Parent Teacher Conference.