

Aprii 1 – Aprii 5, 2024										
Monday	Tuesday			Wednesday			Thursday			Friday
April 1	April 2			April 3			April 4			April 5
Spring Break	(BLT – ABCD)			(PT-ABCD)			(PT-ABCD)			(ABCD)
(School Closed)	School Reopens			PT Conference			PT Conference			Immunization Clinic
	BLT Day Schedule			Day Schedule			Day Schedule			Gr 9/10
Easter Monday	Warning	8:25		Warning	8:25		Warning	8:25		
(Christian)	BLT	8:30	9:25	Block A	8:30	9:30	Block A	8:30	9:30	
	Block A	9:30	10:35	Block B	9:35	10:35	Block B	9:35	10:35	Capstone Projects Due
	Block B	10:40	11:45	Recess	10:35	10:50	Recess	10:35	10:50	Grade 12
	Recess	11:45	11:55	Block C	10:50	11:50	Block C	10:50	11:50	
	Block C	12:00	1:05	Block D	11:55	12:55	Block D	11:55	12:55	
	Lunch	1:05	1:50							
	Block D	1:55	3:00	Parent To	eacher C	onferences	Parent To	eacher (onference	ces

@ 2-4pm sign-up required

Listening, Learning, and Leading Every student, every day, whatever it takes!

First Responder Safety

Supplies Fundraiser

School Cashonline

(March 4 to April 12)

It does not matter how much power, brilliance, or energy you have, if you don't harness it and focus it on a specific target and hold it there, you're never going to accomplish as much as your ability warrants.

Z. Ziglar

Spring Break is over, and it's time to refocus on learning. Time to refocus on lessons, assignments, and lectures! Easy, right? If only it were that easy to turn on our "focus" when we require it. Turning on our "focus" is challenging for everyone, even for adults.

It is even more difficult for children. Biologically, a child's brain tends to be more active than adults, which makes the process of focusing for extended periods of time more challenging. This natural variance is compounded by today's multimedia environment that significantly affects the neuroplastic brain of young people. The overuse of technology results in a smaller anterior cingulate cortex, which is the area of the brain that manages and regulates emotion and attention. Thus, even with the child's good intentions and teacher reminders, the wandering mind of the child is often difficult to combat. But all is not lost.

To support students and give them the best opportunity to learn, educators need to actively engage, cultivate, and sustain a student's focusing skills. The ability to "focus" is a skill, and it can be improved. It's important to access the state of the student's mind and emotions and allocate resources to address the wandering mind. Lessons that focus on mindfulness start by disengaging from a previous experience (a purposeful and planned transition); concentrate on one task at a time; and block out distraction.

While students may be easily distracted, incorporating mindfulness strategies into lessons will help cultivate a young person's positive emotions and help boost a student's focusing abilities.

Championing Students and Their Learning

Spring Athletics

After a great winter season featuring our basketball and table tennis teams, we move into the spring with grade 8 and 9 boys' volleyball, Ultimate (co-ed), Badminton (co-ed), Track & Field (co-ed), and girls' soccer. Students are encouraged to get involved in athletics as student-athletes, scorekeepers, officials, managers, coaches, and spectators. Be sure to connect with Athletic Director, Mr. Harrison, if you want to get involved!

DATES TO REMEMBER:

Apr 1	Easter Monday (School Closed)					
Apr 2	School Reopens: First day of School after Spring Break					
Apr 3	Parent Teacher Conferences (Virtual only: 2pm to 4pm)					
Apr 4	Parent Teacher Conferences (In-person only: 2pm to 4pm & 6 to 8pm)					
Apr 4	PAC Meeting @7pm / Dry Grad 6pm (Library)					
Apr 5	Grade 9/10 Immunizations					
Apr 5	Grade 12 Capstone Projects due					
Apr 8	Staff Meeting @ 3pm					
Apr 8	Grade 12 Scholarship Applications due					
Apr 9	Staff Collaboration Day					
Apr 9	SBT Meeting @ Lunch					
Apr 15	Ed. Facilitators @Lunch					
Apr 16	GLA 10 Assessment (8:30 – 11:30am)					
Apr 16	SBT @ Lunch					
Apr 17	All report card marks posted to MyEd BC by 8:30am					
Apr 17	SCC Meeting @ Lunch					
Apr 18	GLA 10 Assessment (8:30 – 11:30am)					
Apr 19	Pro-D Day (School Closed to Students)					
Apr 22	Semester 2 Midterm Learning Reports published					
Apr 22	EQ & Evacuation Drill @ 2:50pm					
Apr 23	SBT Meeting @ Lunch					
Apr 24	Health & Safety Meeting @ Lunch					
Apr 25-27	Band Field Trip: Whistler					
May 3	Conference Day					
May 3	Grad Boat Cruise					
May 6	Staff Meeting @3pm (Library)					
May 7	SBT Meeting @ Lunch					
May 9	PAC Meeting @ 7pm (Library and Teams) Dry Grad 6pm					
May 10	Grade 8 Field Trip – (all day)					
May 13	Evacuation Drill @ 9:40am					
May 13	Ed. Facilitators Meeting (Teams) @ Lunch					
May 14	Staff Collaboration Day					

2024

@ 2-4pm and 6-8pm

sign-up required

PAC Meeting

@7pm (Library or <u>TEAMS</u>)

Parent Teacher Conference Sign-up Instructions

Pro-D Day (School Closed to Students)

Signup for Parent-Teachers conferences opened on March 6th and will close on April 2. Meeting links will be published by each teacher through the school appointments schedule or emailed home. Please visit burnett.schoolappointments.com to create an account.

Parent Teacher Phone/Virtual Conferences

SCC Meeting @ Lunch

SBT Meeting @ Lunch

Victoria Day (School Closed)

Conferences will be held on April 3rd and 4th. All conferences on April 3rd will be VIRTUAL, while conferences on April 4th will be IN-PERSON. All teachers will be on site at Burnett during both dates. Parents will be able to sign up beginning on March 6th, after Semester 2 Learning Updates are emailed home. We will once again be using our online sign-up site. Students are welcome to join parents during the Parent Teacher Conference.

Ramadan 2024

May 15

May 17 May 20

May 21

Ramadan is a time for family and friends to gather to pray, fast during the daytime, and break the fast at 'iftar' after sunset. We wish everyone observing Ramadan a blessed and peaceful time of reflection. Ramadan Mubarak!