



May 15 – May 19, 2023

BURNETT WAAAG

Monday May 15	Tuesday May 16	Wednesday May 17	Thursday May 18	Friday May 19																																																
(ABCD) Lunch and Learn Mental Health week @Lunch (Library Lab) Student Council Elections Voting Open (Multi) May 15th to 18th	(BLT - ABCD) BLT Day Schedule <table border="1"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> Guest Speaker Sarah Idan Miss Universe Iraq @9:30am (Multipurpose) Student Council Elections Speeches @lunch (Gym) Awards Meeting @ Lunch Office Conference Room	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	(ABCD) Student Council Elections Voting Open (Multi) May 15th to 18th Breaker Idol Solo @ Lunch (Gym)	(BLT - ABCD) BLT Day Schedule <table border="1"> <tr><td>Warning</td><td>8:25</td><td></td></tr> <tr><td>BLT</td><td>8:30</td><td>9:25</td></tr> <tr><td>Block A</td><td>9:30</td><td>10:35</td></tr> <tr><td>Block B</td><td>10:40</td><td>11:45</td></tr> <tr><td>Recess</td><td>11:45</td><td>11:55</td></tr> <tr><td>Block C</td><td>12:00</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:50</td></tr> <tr><td>Block D</td><td>1:55</td><td>3:00</td></tr> </table> Gr. 8 Field Trip – Wild Play Breaker Idol Group @ Lunch (Gym) Scholarship Meeting @ 3:00pm (room A207) Student Council Elections Last day to vote Victoria Field Trip Leave	Warning	8:25		BLT	8:30	9:25	Block A	9:30	10:35	Block B	10:40	11:45	Recess	11:45	11:55	Block C	12:00	1:05	Lunch	1:05	1:50	Block D	1:55	3:00	Professional Development Day @RHS 8:30 Breakfast 8:45 Ice Breaker Activity 9:00am Opening 9:45 am Sessions 11:30am Share-out 1:00pm Department Meeting Arts Conference @Burnett Victoria Field Trip Return
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Every student, every day, whatever it takes!
“Every moment of one’s existence, one is growing into more or retreating into less.”
Norman Mailer

It is a busy time of year at Burnett, students are busy with the spring play, volleyball, badminton, field trips, and their classroom responsibilities. The critical development of executive function kicks into overdrive when students are busy and attempt to juggle life’s priorities and manage workloads from teachers, coaches, and parents.

Executive function is a set of skills that helps us organize, prioritize, focus, and exercise self-control in order to be productive and to accomplish tasks. These skills have been shown to be strong indicators of success in school and in life.

The greater a student’s ability to hold on to and work with information, focus thinking, filter distractions, and switch gears when required, the more successful a student will be. Researchers refer to these capacities as executive function and self-regulation. These are the skills that rely on three types of brain functions: working memory, mental flexibility, and self-control. Children aren’t born with these skills, but they are born with the potential to develop them if given the opportunity at home, at school, and in the community.

As educators and as parents, we should promote a well-balanced and appropriately ‘busy’ schedule for our students and our children. The full range of an individual’s abilities continues to grow and mature through the teen years and into early adulthood. To ensure that children develop these capacities, it is important to provide them with opportunities to be busy with multiple responsibilities and activities both in and out of school. This will allow them to strengthen or further develop their emerging executive skills.

Busy teens, those who have well developed executive function skills, make more positive choices and resist pressure to participate in negative activities. Also, having good executive function primes our biological systems and coping skills to respond well to stress. **Championing Students and Their Learning**

Grade 12 Graduation Timeline

Red Carpet at Burnett	June 2 @ 4pm
Prom (Dinner and Dance) at Vancouver Convention Centre	June 2 @ 7pm
Dry Grad Celebration at Burnett	June 2-3
Valedictorian/Historian/Poet Selection	June
Rehearsal, Grad BBQ, and Guest Speaker	June 27 th
Valedictory Ceremony at UBC @ 7pm	June 29 th

DATES TO REMEMBER:

- May 16 SBT Meeting @ Lunch
- May 17 Re-Imagining Secondary @3:30pm
- May 18 Grade 8 Field Trip – Wild Play (all day)
- May 19 Pro-D Day (School Closed to Students)
- May 22 Victoria Day (School Closed)
- May 24 SCC Meeting @ Lunch
- May 26 Grade 7 Student Orientation at Burnett (10am to 12pm)
- June 1 PAC Meeting @ 7pm (Library and Teams) Dry Grad 6pm
- June 2 Teacher Appreciation Breakfast hosted by PAC
- June 2 Red Carpet: Graduation Walk @ 4pm
- June 2 Prom (Graduation Dinner and Dance) @ 6pm
- June 2 Dry After Grad Celebration @ 11:30pm (Burnett)
- June 9 Night Market and Dinner (PAC Fundraiser) @ 5:00pm (Burnett)
- June 14 Athletic Banquet @ 5:00pm (Gym)
- June 15 Fine Arts Night Celebration @ 5:00pm to 7:00pm (Burnett)
- June 21 Awards Ceremony (Gym)
- June 23 Last Day of Classes
- June 27 Yearbook Distribution and Celebration
- June 27 Valedictory Rehearsal (Gym)
- June 29 Valedictory Ceremony (UBC Chan Centre)
- June 30 Admin Day (Last Day for teachers)

Awards Ceremony and Athletic Banquet. On June 21st, we will have an Awards Ceremony in the Gym during the school day for grades 8-11. Grade 12 students will receive their awards at the valedictory ceremony. On June 14th, we will also have an Athletics Banquet to recognize Burnett’s student athletes. Families are encouraged to attend this special night to celebrate student athletes.

World Day for Cultural Diversity for Dialogue & Development
 “Diversity is the one true thing we all have in common.” On May 21, we celebrate diversity. At Burnett, we believe that all students and teachers contribute to deeper learning through their unique gifts, life experiences, identities, values, attitudes, and perspectives.

At Burnett, we strive to foster natural extensions that bind students and teachers in their interconnectedness, while also cultivating new understandings and values. When we celebrate our diverse culture, we collectively take the responsibility for moving forward together. When we share our happiness, we are all reminded that “our happiness is never diminished when shared.”

In our school, our classrooms, and our community, diversity is a strength, inclusion is a right, and personalization is the way forward.

Student Elections

Calling all Breakers! Student Council is holding elections for the 2023-2024 student executive. When you vote, you shape next year’s school wide events, ideas, and opportunities for the entire student body. Cast your ballots in the MULTIPURPOSE ROOM next week from May 15th to 18th! Come and listen to the candidates for President and Vice President speak on Tuesday, May 16, 2023 at lunch in the gym. Hear their plans for the 2023-2024 school year.