

March 27 – March 31, 2023



BURNETT W.A.A.C

Monday March 27	Tuesday March 28	Wednesday March 29	Thursday March 30	Friday March 31
(ABCD) School Reopens First Day Back After Spring Break Ed Fac Meeting @Lunch (Library Lab)	(Collab – ABCD) Collab Time Bell Schedule Warning 8:25 Collab 8:30 9:25 Block A 9:30 10:35 Block B 10:40 11:45 Recess 11:45 11:55 Block C 12:00 1:05 Lunch 1:05 1:50 Block D 1:55 3:00 SBT Meeting @ Lunch Spul'u'kwiks Grade 7 Transition Meeting	(ABCD) SCC Meeting @ Lunch	(BLT - ABCD) BLT Day Schedule Warning 8:25 BLT 8:30 9:25 Block A 9:30 10:35 Block B 10:40 11:45 Recess 11:45 11:55 Block C 12:00 1:05 Lunch 1:05 1:50 Block D 1:55 3:00 BLT Grade 12 Assembly Transcript Verification & Capstone Videos Multipurpose Room @ 8:30am	(ABCD) Earthquake & Evacuation Drill @ 11 am
Ramadan Mubarak March 23 to April 21				

Every student, every day, whatever it takes!
It does not matter how much power, brilliance, or energy you have, if you don't harness it and focus it on a specific target and hold it there, you're never going to accomplish as much as your ability warrants. Z. Ziglar

Spring Break is over, and it's time to refocus on learning...time to refocus on lessons, assignments, and lectures! Easy, right? If only it were that easy to turn on our "focus" when we require it. Turning on our "focus" is challenging for everyone, even for adults.

It is even more difficult for children. Biologically, a child's brain tends to be more active than adults, which makes the process of focusing for extended periods of time more challenging. This natural variance is compounded by today's multi-media universe that significantly affects the neuroplastic brain of young people. The overuse of technology results in a smaller anterior cingulate cortex, which is the area of the brain that manages and regulates emotion and attention. Thus, even with the child's good intentions and teacher reminders, the wandering mind of the child is often difficult to combat. But all is not lost.

To support students and give them the best opportunity to learn, educators need to actively engage, cultivate, and sustain a student's focusing skills. The ability to "focus" is a skill, and it can improve. Accessing the state of the student's mind and emotions and allocating resources to address the wandering mind is important. Lessons that focus on mindfulness: start by disengaging from a previous experience (a purposeful and planned transition); concentrate on one task at time; and block out distraction.

Although students are distractible, incorporating mindfulness strategies into lessons will help cultivate a young person's positive emotions and help boost a student's focusing abilities.

Championing Students and Their Learning

Spring Athletics

After a great winter season featuring our basketball and table tennis teams, we move into the spring with grade 8 and 9 boys' volleyball, Ultimate (co-ed), Badminton (co-ed), Track & Field (co-ed), and girls' soccer. Students are encouraged to get involved in athletics as student-athletes, scorekeepers, officials, managers, coaches, and spectators. Be sure to connect with Athletic Director, Mr. Harrison if you want to get involved!

Ramadan 2023

Ramadan is a time for family and friends to gather to pray, fast during the daytime, and break the fast at 'iftar' after sunset. We wish everyone observing Ramadan a blessed and peaceful time of reflection. Ramadan Mubarak!

DATES TO REMEMBER:

- Mar 27 First day of School after Spring Break
- Mar 27 Ed Fac Meeting @ Lunch
- Mar 28 Staff Collaboration Day
- Mar 28 Grade 7 Transition Meeting @ Spul'u'kwiks
- Mar 29 SCC Meeting @ Lunch
- Mar 31 EQ & Evacuation Drill @ 11am
- Apr 3 Staff Meeting @ 3pm
- Apr 4 SBT @ Lunch
- Apr 6 Grade 9/10 Immunizations
- Apr 6 PAC Meeting @ 7pm / Dry Grad 6pm (Library)
- Apr 7 Good Friday (School Closed)
- Apr 10 Easter Monday (School Closed)
- Apr 11 Grade 7 Transition Meeting @ Thompson
- Apr 12 Grade 7 Transition Meeting @ McKay
- Apr 14 Grade 7 Transition Meeting @ Blair
- Apr 17 Ed. Facilitators @Lunch
- Apr 18 Staff Collaboration Day
- Apr 18 SBT Meeting @ Lunch
- Apr 19 SCC Meeting @ Lunch
- Apr 19 Re-Imagining Secondary @3:30
- Apr 21 EQ & Evacuation Drill @ 12:35pm
- Apr 25&27 GLA 10 Assessment (8:30 – 11:30am)
- Apr 26 All report card marks posted to MyEdBC
- Apr 27-30 Band Field Trip to Whistler
- May 1 Music Monday (National Day of Recognition: importance of music)
- May 1 Staff Meeting @ 3pm (Library)
- May 1 Semester 2 Term 1 Report Cards published to MyEdBC
- May 2 SBT Meeting @ Lunch
- May 4 PAC Meeting @ 7pm (Library and Teams) Dry Grad 6pm
- May 5 Conference Day
- May 5 Evacuation Drill @ 2:30pm
- May 8 Ed. Facilitators Meeting (Teams) @ 3:10pm
- May 9 Staff Collaboration Day
- May 16 SBT Meeting @ Lunch
- May 17 Re-Imagining Secondary @3:30
- May 18 Grade 8 Field Trip – Wild Play (all day)
- May 19 Pro-D Day (School Closed to Students)
- May 22 Victoria Day (School Closed)

Importance of Burnett Learning Time (BLT)

As we return from Spring Break and prepare for the last 3rd of the school, students are encouraged to use BLT. During BLT, Students are given choices and ownership over their learning, while staff facilitate by providing a supportive learning environment. The goal is for students to "self-direct" their time, to independently learn and pursue their passions with teacher support and mentorship.

Steps to success during BLT:

- 1) Organize your learning plan
- 2) Develop a game plan for the week and for BLT
- 3) Set your priorities – what do you need to accomplish
- 4) Be prepared and ready to learn

Review your 2nd Semester goals

As we enter the last third of school year, students, with the guidance of teachers and parents, are encouraged to review their goals. Students are encouraged to continue to challenge themselves, set high expectations, and show determination in achieving their goals. One goal that we continue to focus on for all students is arriving in class on time and prepared. Please help us reinforce this goal as we work towards a strong and successful finish to the school year.